



What is Arya Samaj?

Arya Samaj founded by Maharishi Dayanand Saraswati is an institution based on the teachings of Vedas for the welfare of universe. It propagates the universal doctrines of humanity. It is neither a religion nor a sect.

ARYAN VOICE

YEAR 38

10/2016-17

MONTHLY

October 2016

- **Vedic Vivah Mela
(Matrimonial get together)
Saturday 12th November 2016.
Book your place NOW....!
(For detailed information see page 19 &20)**

- **Diwali – Saturday 29th October 2016
At our Arya Samaj Bhavan. Doors open 6pm onwards
This is a free event, but for catering purposes, please book
your place by calling – 0121 359 7727**

ARYA SAMAJ (Vedic Mission) WEST MIDLANDS
(Charity Registration No. 1156785)
188 INKERMANS STREET (OFF ERSKINE STREET), NECHELLS, BIRMINGHAM, B7 4SA
Tel: 0121 359 7727

E-mail- enquiries@arya-samaj.org Website: www.arya-samaj.org

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**For General and Matrimonial Enquiries
Please Ring
Miss Raji (Rajashree) Chauhan (Office Manager)
Monday to Friday between: - 2.30pm to 6.30pm,
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10 Principles of Arya Samaj

- 1. God is the primary source of all true knowledge and all that is known by its means.(At the beginning of creation, nearly 2 Billion years ago, God gave the knowledge of 4 Vedas to four learned Rishis named Agni, Vayu, Aditya and Angira. Four Vedas called Rigved, Yajurved, Samved and Atharva Ved contain all true knowledge, spiritual and scientific, known to the world.)**
- 2. God is existent, intelligent and blissful. He is formless, omnipotent, just, merciful, unborn, infinite, invariable (unchangeable), having no beginning, matchless (unparalleled), the support of all, the master of all, omnipresent, omniscient, ever young (imperishable), immortal, fearless, eternal, holy and creator of universe. To him alone worship is due.**
- 3. Vedas are the scripture of all true knowledge. It is paramount duty of all Aryan to read them, teach and recite them to others.**
- 4. All human beings should always be ready to accept the truth and give up untruth.**
- 5. All our actions should be according to the principles of Dharma i.e. after differentiating right from wrong.**
- 6. The primary aim of Arya Samaj is to do good to the human beings of whole world i.e. to its physical, spiritual and social welfare.**
- 7. All human beings ought to be treated with love, justice and according to their merits as dictated by Dharma.**
- 8. We should all promote knowledge (Vidya) and dispel ignorance (Avidya).**
- 9. One should not be content with one's own welfare alone but should look for one's welfare in the welfare of all others.**
- 10. In matters which affect the well being of all people an individual should subordinate any personal rights that are in conflict with the wishes of the majority. In matters that affect him/her alone he/she is free to exercise his/her human rights.**

Let us Study the Vedas and make our life Glorious

वैश्वानरीं वर्चस आ रभध्वं शुद्धा भवन्तः शुचयः पावकाः । इहेडया सधमादं
मदन्तो ज्योक्पश्येम सूर्यमुच्चरन्तम् ॥ अथर्ववेद ६.६२.३

Vaisvanarim varcasa aa rabhadvam sudha bhavantah sucyah
pavakah I ihedaya sadhamadam madanto jyokpasyem
suryamuccarantam II

Atharva Veda 6.62.3

Meaning in Text Order

Vaisvanarim = the speech of the Lord (Vedas) the benefactor of
all creatures

Varcasa = for splendour

A rabhadvam = start reading

Suddhah = pure

Bhavantah =becoming

Sucyah = pious

Pavakah = consecratiuous

Iha = in this world

Idaya = through Vedas

Sadhamadam = together

Madantah = enjoying

Jyok = for a long time

Pasyema = we see

Suryam = Sun

Uccarantam = rising.

Meaning

May we cleanse physically, purify our minds, become pious and make others full of splendour through studying the Vedas. May we enjoy the pleasures of this world together through the teachings of the Vedas and see rising of the Sun for many years.

Contemplation

The Lord is Vaishvanar, who wishes the welfare of all. The speech of the Vedas is His gift

Let us recite the mantras together, adopt the teachings of the Vedas and enjoy the benefit of it to mankind for and is their welfare and guidance. O ye men! Start the study and comprehension of the Vedas. But before you begin this, clean your body first. Abandon the thoughts of lust, anger, hatred and partiality. Purify your minds and be faithful. Let the spirit of faith and purity spring up in the minds of others when they see you. Learn the precise method of reciting the mantras of the Vedas. Remember, only reciting the mantras is not enough. To understand the meaning of the mantra is vital.

The person who recites the mantras but does not know the meaning is just like carrying a load. His position is just like that person who is has a load of sandalwood on his head but does not know the importance and utility of it. By knowing the meaning, you can taste the fruit of this tree and enjoy the nectar in the form of knowledge. By studying the Vedas, you will attain the splendour and a glow of divine light and divine knowledge.

By Krishan Chopra

SACRAMENT
(SANSKAR 3)
(Part 1 of 2)

Till now we have read about sacraments in a general and theoretical way. We can only succeed once we know the theory and practical basis of these sacraments. Till now you have learnt the theoretical knowledge about Sanskars (Sacraments). But now you will learn the practical knowledge and the way you can carry out these sacraments in your own home.

Even before the birth of a child there are 3 sacraments known as Sacrament of Impregnation, Punswan and Simantonayan. Now we will tell you in detail about these 3 sacraments.

SACRAMENT OF IMPREGNATION

Before carrying out this sacrament, the husband and wife should reach a mental state of starting a family. Once they have happily decided to start a family they should first do Havan with all the rituals. Now let us understand every aspect of this ritual.

To decide the date- During the 4 days of menstruation the couple must not copulate. The next 12 days are favourable for impregnation. In these 12 days the couple should avoid Amavas (Jet Black night), full moon, 11th and 13th day after the stoppage of menstruation. The copulation on 2nd, 4th, 6th, 8th, 10th and 12th day is for a son and 3rd, 5th, 7th, 9th and 11th day for a daughter is recommended. According to Maharishi Dayanand Saraswati the later days are the best. For example if a couple desire a son then 12th day and if a daughter then 11th day is the best.

Reader should refer to a Hindu calender or consult a priest if in doubt about Moon cycle. By following the above advice parents may be blessed with the desired child (son/daughter).

According to our religious scriptures if mother gets impregnated on 12th or

10th day after excluding first 4 days of menstruation the son is more likely to be a very intelligent and well cultured in future and if impregnated on 11th, 9th or 7th day after excluding the first 4 days of menstruation the daughter is more likely to be a very intelligent and well mannered and cultured in her life.

Menstruation - A woman goes through a menstruation period every month. This period last about 4 days in a healthy woman. After completion of these 4 days period the following 12 days are the best period for a woman to get pregnant. It is important for a couple to know how to calculate the days correctly. If a woman starts bleeding per vagina before midnight then following morning will be counted the 2nd day of the period. If a woman starts bleeding after midnight then the following morning will be counted as first day of the period.

Medicines to help conceive

In his book “Sanskar Vidhi” Maharishi Dayanand Saraswati has written in detail about the Ayurvedic (Herbal) medicines which can help to conceive. These medicines can help wife and husband both.

In his book “Sanskar Vidhi” Maharishi Dayanand Saraswati has highlighted the following aspect of impregnation like age consideration, the day of copulation, desire of a son or daughter and act of impregnation.

Let us try to understand these in detail.

1. Age consideration - The age of impregnation or conception is the same as age of getting married. It is important to understand 3 age groups.
 - Child group - For males under 16 years of age, for females under 12 years of age.
 - Teenage group - For males under 25 years, for females under 18 years of age
 - Youth - For males after 25 years, for females after 18 years of age.

According to Vedic teachings a marriage in childhood and teen age is totally barred (unacceptable). The age of youth is the correct age for marriage. So for pregnancy the earliest age of male should be 25 years and the earliest age of female should be above 18 years.

The children born to Child group of parents are physically weak, mentally subnormal and more likely to be ill with a short life span. Children born to teenage parents may be physically better compared to children group of parents but their brain, mental status, intellect and knowledge will be suboptimal. The children born to youth parents are physically, mentally and psychologically fully grown up. So it is very important that at the time of marriage a man should be above 25 years of age and a woman above 18 years of age. The children of such age group couple will be handsome and beautiful, healthy, well cultured with human values and will not be immature physically and mentally. The children born to child and teenage parents are bound to be physically defective and mentally subnormal. **So it is the duty of the society that childhood and teenage marriage should not take place.**

2. The time of copulation - After 4 days of menstruation period, the following 12 days are the most optimum period for copulation between a husband and wife.
3. Son or daughter - This aspect has been explained in detail previously. We will summarise the following facts.
 - a) When sperm count and healthy sperm of a man is quite high a son will be born. When ovum is more prominent a girl is born.
 - b) When a husband is physically of a strong built and of mature age and wife is of a thin built most probably a son will be born.
 - c) When a couple copulate on even days of 12 days after menstruation they will be blessed with a son and when on odd days a girl will be born.
 - d) The sperms from right side of testis will give birth to a son and left side of testis will give birth to a daughter.
 - e) Similarly an ovum from right ovary will most probably give birth

to a son and from left ovary to a daughter.

For more information please read “Sanskar Chandrika” written by Dr. Satyavrat Sidhantalankar.

In Vedic culture the act of impregnation is a religious Sacrament. It is a respectable act. Some people think this act of impregnation as a shameful deed. But in Vedic culture the act of impregnation after marriage is one of the most cultured, well respected and an important one. It is due to this act a pure soul takes place in the body of a foetus in a new mother. When this child takes birth then husband and wife get the title of mother and father in the family, society and nation. A child brings all kind of happiness in the life of his/her parents. This is how this universe progresses and carries on. This act of impregnation is very important for the existence of this universe.

This is very true that the mental state of a mother at the time of impregnation does affect her child. The story of mother Madalsa is famous. The first 8 children of mother Madalsa became saint because she wanted them to be saints. Her 9th child became a king because she wanted so. The story of King Dhritrashtra, Pandu and Vidur in Mahabharat also proves this point to be correct.

Mother Satyawati did not get any grandchildren from the marriage of her two sons called Vichitravirya and Chitrangad. Vichitravirya died of Tuberculosis and Chitrangad got killed in a war. Mata Satyawati got worried about future of her dynasty (family). She instructed the widows the widows of her two sons named Ambika and Ambalika to have a sex with Maharishi Vyas in order to get pregnant and deliver a child. Maharishi Vyas was a very dark skinned man with a very long moustache and a beard. During the intercourse Ambika got frightened by looking at Maharishi Vyas and she closed her eyes. She delivered a blind son called Dhritrashtra. Similarly Ambalika also got very scared and turned pale at the time of intercourse with Maharishi Vyas. She gave birth to a son who was weak and pale and thus was named Pandu. Mother Satyawati instructed Ambalika

again to go to Maharishi for copulation. On this occasion Ambalika sent her maid to Vyas ji. The maid had sex with Maharishi Vyas very happily. Thus she gave birth to a healthy and intelligent son called Vidhur. On the basis of a research it was found that in cold European countries the children born in August and October months are usually deformed and mentally subnormal because of excessive consumption of Alcohol and non vegetarian food by their parents in winter months of November to January. This is why it is strongly recommended to the parents to eat vegetarian food and avoid drinking Alcohol 13 days before copulation for a child. On the day of copulation the couple should perform Yajna and then with a happy mind and love should perform the act of impregnation. This is why we call the sacrament of Impregnation as an act of making of a healthy child. A pregnant mother should eat pure vegetarian food, avoid drinking Alcohol and think positively.

It is written in Ramayan that when Sita ji became pregnant Maryada Puroshotam Ram, a well cultured and a supreme man, instructed his younger brother Luxman to take her to the hermitage of Maharishi Valmiki. When they reached the hermitage Sita ji told Luxman to go back to Ayodhya and tell all her mother in laws to pray for the well being of the baby of their son in her womb. She spent her pregnancy period in the hermitage of Maharishi Valmiki so that she could eat proper meals, live in a peaceful and happy environment so that she can give birth to a healthy, happy and intelligent child.

**To be continued in November 2016 Aryan Voice.....
(Next issue)**

**Written by Acharya ji Dr Umesh Yadav in Hindi
and
Translated
by Dr Narendra Kumar in English**

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अध्यात्म के शिखर पर

आचार्य उमेश डॉ. यादव

अहमिन्द्रो न पराजिग्य इद्धनं न मृत्यवेऽवतस्थे कदाचन ।

सोममिन्मा सुन्वन्तो याचता वसु न मे पूरवः सख्ये रिषाथन ॥ ऋग्वेद १०.४८.५

मैं परमैश्वर्यवान् सूर्य की भाँति जगत्प्रकाशक हूँ । मैं पराजय और मृत्यु कभी नहीं पाता । जगत्को बनाकर सब धनों का निर्माण करने वाला होने से मुझ से ही विज्ञानादि धन को माँगो तथा मेरी मित्रता से कभी अलग मत होना ।

अहं दा गृणते पूर्त्यं वस्वहं ब्रह्म कृणवं महयं वर्धनम् ।

अहं भुवं यजमानस्य चोदिताऽयज्वनः साक्षि विश्वस्मिन्भरे ॥ ऋग्वेद १०.४९.१

हे मनुष्यों, सत्यभाषणरूप स्तुति करनेवाले, सत्पुरुष यज्ञ प्रेरक यजमान, ब्रह्म विद्या के जिज्ञासु सब प्रयत्नशील जीवों को ज्ञानादि धनैश्वर्य देकर उन्हें सब ओर से बढ़ाता हूँ । सबका फलदाता भी मैं ही हूँ । जगत् में सब कार्य को बनानेवाला तथा धारण करनेवाला हूँ । अत एव तुम सब जीव मुझे छोड़कर किसी अन्य को मेरे स्थान में मत पूजो, मत मानो, और मत जानो ।

हिरण्यगर्भः समवर्तताग्रे भूतस्य जातः पतिरेक आसीत् ।

स दाधार पृथिवीं द्यामुतेमां कस्मै देवाय हविषा विधेम ॥ यजुर्वेद १३.४

महर्षि दयानन्द द्वारा इस मंत्र का अर्थ-चिन्तन यहाँ प्रस्तुत है -स.प्र.७वाँ समु.--
हे मनुष्यों ! जो सृष्टि के पूर्व सब सूर्यादि तेजवाले लोकों का उत्पत्ति-स्थान,

आधार और जो कुछ उत्पन्न हुआ था, है और होगा, उस सबका स्वामी था, है और होगा। वही पृथिवी से लेकर सूर्यलोकपर्यन्त सृष्टि को बना के धारण कर रहा है। उस सुखस्वरूप परमात्मा ही की भक्ति जैसे हम करें वैसे तुम लोग भी करो।

उपरोक्त मंत्रों के प्रमाण उपस्थित कर महर्षि दयानन्द सरस्वती ने स्पष्ट किया कि परमेश्वर स्वयं वेदों के माध्यम से आत्म-परिचय दे रहा है; उस प्रभु को जानने के लिये कहीं अन्यत्र जाने की आवश्यकता नहीं है।

इन वेद मंत्रों के अर्थ-चिन्तन पर विचार करें तो स्पष्ट ही बोध होता है कि परमात्मा ही जगत् की उत्पत्ति, स्थिति और प्रलय का स्वामी है। हाँ, दर्शन की भाषा में ईश्वर को निमित्त कारण (करने वाला) कहा, जीवों को साधारण कारण (भोगने वाला) और मूल प्रकृति को उपादान कारण (जिससे जगत् बना) कहा गया। उदाहरण समझें-एक कुम्भकार घड़ा बनाता है। वह घड़ा तभी बनाता है जब घड़ों के उपभोक्ता हैं। बात सीधी है कि अगर उपभोक्ता ही नहीं रहेंगे तो वस्तुओं का निर्माण किसलिये किया जायेगा? पर घड़ा तो मिट्टी से बनता है। वैसे ही ईश्वर संसार के तमाम जीवों के उपभोग हेतु मूल प्रकृति से जगत्(सृष्टि) बनाता है और बना कर स्वयं उसका स्वामी भी बन रहा है। यही कारण है कि महर्षि दयानन्द ने स्पष्ट शब्दों में सब मनुष्यों को उपदेश दिया कि जैसे वे सब ऋषियों की भाँति ईश्वर की भक्तिपूर्वक उपासना करते हैं, वैसे ही सब मनुष्य भी किया करें। ईश्वर की जगह पर किसी अन्य की न पूजा करें, न मानें और न ही जानें क्योंकि कोई भी अन्य सत्ता ईश्वर का स्थान नहीं ले सकती। वह एक है जो सर्वत्र सर्वव्यापक होने से सब में विद्यमान है। ऐसा ही जानकर सब उसी की उपासना करें।



Independence Day Celebrations
Arya Samaj West Midlands
Sunday 21st August 2016

Arya Samaj (Vedic Mission) West Midlands celebrated India's Independence Day on Sunday 21st August 2016 at their Bhavan in Birmingham, U.K.

The event was well attended and began with Sandhya and Havan performed by Acharya Ji for Mr and Mrs J. P. Sethi and their family. Mr & Mrs Sethi provided Rishi Langar for this occasion.

The Independence Celebration Event was compered by Ms Shine Duggal and the Arya Samaj West Midlands new General Secretary, Mrs Brij Bala Duggal who began proceedings with her opening address which focussed on the context of 'life in India' under British Military rule and the awakening of Indian Nationals to taking back control and governing their own country. She highlighted the fact that 75% of the Nationals involved in the fight for freedom were Arya Samaj followers.

Our Guest of Honour was Mr Jitendra Kumar Sharma - Consulate General of India who led on the hoisting of the Indian National Flag in the presence of Acharya Ji, Shailesh Ji, Vimla Ji and Mr Sethi followed by the singing of the Indian National Anthem.

Mr Raj Pal Ji our first speaker reflected on the historical role of the Arya Samaj in education and for freedom, offering an interesting social and political account of India's journey to independence and of those who led on the reform. He spoke of and gave an insight into the work by the Arya Samaj in supporting the emancipation and education of girls and women in Colonial Punjab.

The Day's programme included poems by Ms Vibha Cale, Krishan Kanahiya and two beautifully sung patriotic songs by Sketu Yadav.

Mr J. K. Sharma's address to the audience focussed on India's growth since Independence and its presence in the world as a leader in several global economies. As a token of thanks two books were presented to Mr Sharma on behalf of Arya Samaj by Acharya Ji.

Acharya Ji Dr Umesh Yadav's speech on the subject of the work and efforts by Maha Rishi Dayanand Saraswati towards 'Swaraj' was very passionate. This illustrated clearly how followers of Arya Samaj were the forerunners in the 'Battle for Freedom'.

Brij Duggal thanked all speakers and all those who contributed to making the day a success.

The programme ended with Aarti and Shanti Path which was followed by Rishi Langar.

This was an enjoyable and informative event and we look forward to your continued support and presence at future events and celebrations.

Mrs. Brij Bala Duggal
General Secretary
Arya Samaj (Vedic Mission) West Midlands.

वेद-कथा-अगस्त २०१६

(विवरण)

हर वर्ष की भाँति इस वर्ष भी रक्षा-वन्धन से कृष्ण-जन्माष्टमी तक वेद-कथा का आयोजन किया गया जिसके वक्ता स्थानीय विद्वान् पुरोहित आचार्य डॉ. उमेश यादव थे । १८ अगस्त से २५ अगस्त तक श्रावणी सप्ताह (उपाकर्म) माना जाता है जो वैदिक विचारों को प्रचारित करने हेतु अनुकूल समय मान्य है । इस वर्ष आचार्य जी ने “कठोपनिषद्” की विशद् व्याख्या की ।

कठोपनिषद्- इसमें २ अध्याय हैं जिसमें कुल ६ बल्लियां (भाग) हैं । मुख्यतः इसमें नचिकेता और यम के संवाद हैं जो भौतिक और आध्यात्मिक प्रसंगों को स्पष्ट करते हैं ।

उशन् ऋषि जो वाजश्रवा ऋषि के पुत्र हैं जिसका एक ही नचिकेता नामक संस्कारित पुत्र है । पिता द्वारा सर्वमेध यज्ञ करके सबकुछ दान करने पर जब चल सम्पत्ति में देने हेतु कुछ शेष न रहा और एक बुढ़ी गाय जो मरनासन्न थी; को एक ब्राह्मण के लिये पिता द्वारा दान देते देख संस्कारित आज्ञाकारी पुत्र नचिकेता उस गोदान को रोकता है और स्वयं को दे देने हेतु वार-वार जीद करता है । नचिकेता के मन में पिता द्वारा ऐसा करना पाप मूलक कार्य था अतः वह पिता को बुढ़ी गाय का दान देने हेतु रोक रहा था । वार-वार जीद करने पर पिता ने पुत्र नचिकेता को मृत्यु के पास जाने को कहा । इस प्रसंग में मृत्यु एक आचार्य विद्वान् हैं जो यम नाम से प्रसिद्ध हैं । नचिकेता यम के पास जाता है । वहाँ यमाचार्य की अनुपस्थिति पाता है और वहाँ भूखा-प्यासा तीन रात्रि तक उनकी प्रतीक्षा करता है । अब यम महाराज घूम-फिर कर वापस आते हैं और अपने द्वार पर एक सौम्य, सरल व श्रद्धालु बालक को भूखा-प्यासा प्राप्त कर उसे

तीन रात्रि की प्रतीक्षा के बदले तीन वरदान देने की घोषणा कर देते हैं । यमाचार्य का ख्याल है कि ऐसे कोई घर में भूखा-प्यासा रह जाये तो अपना पुण्य सब नष्ट हो जाता है । ऐसे अतिथि को आदर व भोजन देना हर गृहस्थ का धर्म है ।

तीन वरदान- नचिकेता द्वारा पहला वरदान पिता की प्रसन्नता व सुख माँगा गया क्योंकि बाल-वृद्धि नचिकेता समझ रहा था कि मेरे पिता मुझसे कदाचित् नाराज हैं, फलतः उन्होंने मुझे “मृतवे त्वा ददामि” इति कहकर घर से बाहर मृत्यु / यमाचार्य के पास जाने को कह दिया था । महाराज यम ने नचिकेता द्वारा निवेदित प्रथम वरदान को स्वीकार कर दूसरे वरदान को माँगने का आदेश दिया ।

दूसरे वरदान रूप नचिकेता ने स्वर्ग की पहचान व प्राप्ति का उपाय पूछा । इसके उत्तर में यमाचार्य ने बताया कि स्वर्ग सुख-विशेष की अवस्था है जहाँ सब ओर से परस्पर प्यार, सेवा, समर्पण, मान-सम्मान, स्नेह आदि मानवतापूर्ण व्यवहारों की गंगा बहती हो । ऐसे स्वर्ग की प्राप्ति का मूल आधार है-अग्निहोत्र अर्थात् देवयज्ञ/ हवन ।

वातावरण की शुद्धि, मन की शुद्धि सत्कर्म करने की प्रेरणा व परमेश्वर का सानिध्य व उनकी कृपा यज्ञ से प्राप्त होती है । निसंदेह इस यज्ञ से स्वर्ग अर्थात् सुख-विशेष अवस्था की प्राप्ति होगी चाहे वह गृहस्थ का जीवन हो या सामाजिक या राष्ट्रीय ही धर्म क्यों न हो । प्रदूषण रोकने का यह सर्वाधिक महत्त्वपूर्ण साधन है ।

अब तीसरे वरदान की वारी आयी । नचिकेता ने मरने के बाद आत्मा की स्थिति के बारे में पूछा । बालक नचिकेता के लिये यह कठिन विषय है; ऐसा जानकर आचार्य यम ने उसकी परीक्षा ली । कई प्रलोभन देने की बात कही । धन, ऐश्वर्य,

सुन्दरी, महल आदि कहकर अन्तिम प्रलोभन यह भी दे दिया कि जब तक चाहो जिओ पर “मरणं माति प्राक्षी” अर्थात् मरण-विषय= आत्मा-विषय को मत पूछो । पर नचिकेता की कुशाग्र बुद्धि, लगन व श्रद्धा देखकर यमाचार्य ने इस कठिन विषय, छूरे की धार पर चलने योग्य अध्यात्म-विषय को बतलाने की जिम्मेवारी ली और पूरी निष्ठा से निभाई । इस विषय को सुलझाते हुये ही सम्पूर्ण कठोपनिषद् सम्पन्न होती है ।

श्रेय मार्ग (आध्यात्मिक) व प्रेय मार्ग (भौतिक) के वारे में विस्तार से बताया । जीवित शरीर धर्म, मृत शरीर धर्म, शरीरधारी जीवात्मा, शरीरमुक्त जीवात्मा, स्वतंत्र जीवात्मा, मूल प्रकृति, सृष्टि, मन, बुद्धि, इन्द्रियाँ, चित्त आदि अवयव और सर्वव्यापक, सर्वेश्वर, सर्वाधार, सर्वशक्तिमान्, सर्वज्ञ, सृष्टि की उत्पत्ति, स्थिति व उसका संचालन करने वाला परमात्मा के वारे में विस्तृत ज्ञान देकर योग्य गुरु यम ने योग्य शिष्य नचिकेता को मानव जीवन को सफल बनाने हेतु पूर्ण ज्ञान दिया ।

इस प्रकार बहुत ही सरल व सहज रूप से इस कठिन विषय को अपनी वेद-कथा में आचार्य उमेश जी ने सम्बन्धित सभी विषयों को विस्तार से समझाया । यह कथा प्रसंग कम उपस्थिति होते हुये भी काफी सार्थक रही । सुनने वालों को बहुत आनन्द आया व साथ ही उनका ज्ञान-वर्धन भी हुआ ।

कथा का प्रारम्भ भी संस्था-प्रधान डॉ. नरेन्द्र कुमार के निवेदन से हुआ और इसका समापन भी उन्हीं के द्वारा धन्यवाद-उद्बोधन से हुआ । सभी श्रोताओं ने आचार्य उमेश जी की प्रवचन-शैली, ज्ञान व सहजता को दिल से सराहा ।

आचार्य उमेश डॉ. यादव

VEDIC VIVAH MELA (Matrimonial Get Together) **2016**

Date: Saturday 12th November 2016

Venue: Arya Samaj West Midlands, Erskine Street, Nechells,
Birmingham B7 4SA (Road Map available on our Website)
www.arya-samaj.org

Time: 11.30am – 5pm

Cost: £25.00 per applicant. **NO GUESTS**

Buffet: Vegetarian meal included with soft drinks (no alcohol will be allowed or served)

How will it work?

We will have registration, welcome drink, light snacks and mingling.

Speed dating - Members will meet each other for a period of 3 to 4 minutes, during which you will be able to chat and find out about each other. (If you like the person, make a note of their ref number on the packs given on the day and we will send you there information by email). When the time is up, a bell will sound; you will change partner and repeat the process.

Once the speed dating is over, late lunch will be served and everyone is free to mingle some more before the end of the event.

We will explain the above and other details of the event on the day.

What you need to do now?

This Get-together is strictly for Arya samaj west Midlands registered matrimonial service candidates only. So if you are not registered as yet and wish to benefit from this event where you can meet personally a number of prospective partners hurry up and join. **Forms are available on our website www.arya-samaj.org. Or tel. 0121 359 7727**

Please send your application forms well before the day of the event because it is first come first served basis. **(Application form can be found on our website or by calling the office)**. For the smooth running of the event, all the information must be processed and the paper work completed for the participants on their arrival. Applications received after 1st November 2016, would not be entertained. But please do not wait till the last date. It might be too late.

Sorry at this event we are not allowing guest. If you bring someone with you on the day they will be refused entry.

Please send application forms and cheques made payable to 'Arya Samaj West Midlands. **(Applicants £25)** with a self addressed stamped envelope to Arya Samaj West Midlands, Erskine Street, Nechells, Birmingham B7 4SA .You will be sent confirmation by post and email. You will have to bring this with you on the day or no entry will be allowed. Regrettably no entry will be available on the day, so please register in advance.. **If you come on the day without an entry confirmation it would be a wasted journey.**

So what are you waiting for? Look no further and think no further! Send in your application forms and cheque today!

We look forward to welcoming you to the event where you have the prospect of meeting that special SOMEONE!!

FOOD COLLECTION

Please give generously so that during Diwali we can Help Needy People/Charities.

Non-perishable foods

- Canned proteins such as peanut butter, peanuts etc.
- Grains (pasta, whole wheat pasta, rice, brown rice, macaroni and cheese)
- Condiments (salt; sugar (brown))
- Low sodium/ No salt added canned vegetables (mixed, green beans, corn)
- Beans: black, pink, kidney, etc.
- Soups (E.g. Tomato)
- Multigrain cereal (Cheerios, Corn Flakes etc.)

**"There are people in the world so hungry that God cannot appear to them except in the form of bread."
- Mahatma Gandhi**

Donate Now:

**Arya Samaj (Vedic Mission)
West Midlands
188 Inkerman Street, Nechells
Birmingham, B7 4SA**

**Food to be donated
by Saturday 29th
October 2016.**

News

Notices to Arya Samaj West Midlands Members

- **Dear Ordinary members of ASWM. This is a polite request to pay your annual fee of £20 membership when you receive a reminder letter from Arya Samaj Office. This money helps us to send you Aryan Voice each month. The letter will come out to members on the month they joined. From January 2016 we will have to sadly cancel the membership of those who have not paid the fee.**

Condolences:

- **Mrs Santosh Sethi and Mr Jogender Pal Sethi - for loss of Mrs Sethi brother in Delhi (India). May God grant the departed souls eternal peace and give strength to the family-members to bear the time of sorrow**
- **Mr Raj Joye - for loss of his big brother in Morititious. May God grant the departed souls eternal peace and give strength to the family-members to bear the time of sorrow**
- **Dr Som Mehta – for loss of his beloved wife Mrs Mehta. May God grant the departed souls eternal peace and give strength to the family-members to bear the time of sorrow**

Congratulations:

- **Mr Ravinder Renukanta and family – Mundan Sanskar of their son on Sunday 28th August 2016**
- **Mr Alok and Dr Mrs. Megha Yadav – Havan for six months since their wedding. On Sunday 11th September 2016.**

- **Dr Narendra Kumar and family – on Sunday 18th September 2016 they celebrated Gayatri Maha Yajna for prosperity and happiness in family.**
- **Mr Pulkit and Mrs Akshata Ahuja – Havan for Pulkit ji Late mother Mrs. Promilla Ahuja memorial.**
- **Miss Natasha Varma – havan for good wish for prosperity, success and happiness in life.**
- **Mrs Madhuri Jobanputra – Havan for her beloved Late husband Mr Satyavrat Jobanputra memorial.**
- **Miss Dharini Raghunathan - havan for good wish and success in life.**

Donations to Arya Samaj West Midlands

- | | |
|----------------------------------------------------|-------------|
| • Dr P.D. Gupta - for Ved katha | £51 |
| • Dr Shankar Verma - for ved katha | £20 |
| • Mr Ravinder Renukonta – with Rishi Langar | £70 |
| • Mr Alok Yadav – with Rishi Langar | £101 |

Donations to Arya Samaj West Midland through the Priest-Services.

- | | |
|-----------------------------------|------------|
| • Mr Pulkit Ahuja | £51 |
| • Miss Natasha Varma | £50 |
| • Mrs Madhuri Jobanputra | £51 |
| • Miss Dharini Raghunathan | £50 |

Many congratulations to all above mentioned families who have had auspicious havan at their residences on different occasions or Sunday Vedic Satsangs in Arya Samaj Bhavan.

Thank you for all your Donations!

**Please contact Acharya Dr Umeh Yadav on
0121 359 7727
for more information on**

- **Member or non member wishing to be a Yajman in the Sunday congregation to celebrate an occasion or to remember a departed dear one.**
- **Have Havan, sankars, naming, munden, weddings and Ved Path etc performed at home.**
- **Our premises are licensed for the civil marriage ceremony.**
- **Please join in the Social group at Arya Samaj West Midlands every Wednesday from 11am. Emphasis is on keeping healthy and fit with yoga and Pranayam. Hot vegetarian Lunch is provided at 1pm.**
- **Ved Prachar by our learned Priest Dr Umesh Yadav on Radio XL 7 to 8 am, first Sunday of the month. Next 2nd October 2016 and 6th November 2016.**

Every effort has been taken that information given is correct and complete. But if any mistake is spotted please inform the office.

0121 359 7727

E-mail- enquiries@arya-samaj.org

Website: www.arya-samaj.org