



What is Arya Samaj?

Arya Samaj, founded by Maharshi Dayanand Saraswati, is an institution based on the Vedas for the welfare of universe. It propagates universal doctrines of humanity. It is neither a religion nor a sect.

ARYAN VOICE

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MONTHLY BULLETIN

MAY 2011

Every Sunday- 11:00 am Main Havan

12:00 noon Onwards -

Bhajans

Sermon By Acharya Dr Umesh Yadav

Talk by our visiting Vedic Scholar Dr Harish Chandra

1:00pm Rishi Langar (Lunch)

Come and join in with family and friends

VENUE :

ARYA SAMAJ (Vedic Mission) WEST MIDLANDS

(CHARITY REGISTRATION No. 506019)

VEDIC CULTURAL AND SPIRITUAL CENTRE

ERSKINE STREET, NECHELLS, BIRMINGHAM B7 4SA

TEL: 0121 359 7727

E-mail- enquiries@arya-samaj.org

Website: www.arya-samaj.org

MAHARSHI DAYANAND'S PERSPECTIVE OF ANCIENT HISTORY

by

Dr Harish Chandra

Guest Vedic Scholar, Arya Samaj West Midlands, Birmingham

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Maharshi Dayanand has remarked about the ancient Indian history in his writings particularly in his Magnum Opus Satyārtha-Prakash (Light of Truth) and during the lectures he delivered in Pune (erstwhile Mumbai State, present Maharashtra). His was the creationist approach as opposed to the prevalent evolutionist approach. The former approach can be very motivational that it can help us define positive purpose of the human life. Furthermore, it is more sensible that it relies on an intelligent creator as we know that the smallest man-made thing is dependent upon a maker and so must be true about the beautiful and purposeful creation around us. How could the elementary particles of matter dance and give rise to the sun and the moon, the rivers and mountains, the lakes and oceans, the flora and fauna, the plants and trees, the fruits and flowers, and so on. Moreover, it's not simply the one time creation, the more important question is how is the creation sustained. The Vedic approach is based on a creator, one singular entity though known by various names reflecting Her attributes, functions and nature.

Following Maharshi Dayanand's approach, the human history will be described in two major parts: pre-Mahabharat period and the post-Mahabharat period. The former will be divided into three phases, viz. Vedic Age, Upanishadic age and the Age of Shad-Darshana (Six Books of Vedic Philosophy). The overall flow of lecture series to be delivered at the Arya Samaj West

Midlands by Dr Harish Chandra every Sunday of the month (except the first Sunday when he speaks at the Arya Samaj London) will be:

Introduction: Pre-Mahabharata & Post-Mahabharata periods

Three Phases in the Pre-Mahabharata period

Vedic Age

Upanishadic Age

Shad-Darshana Age (Six Books of Vedic Philosophy)

The Concurrent Evolution of Vedanga

The Mahabharata War: Demise of Dharma and Birth of Religions

Buddhism & Jainism

Acharya Shankar and Vedanta

India Under Foreign Rulers

Maharshi Dayanand's Clarion Call - Back to the Vedas

Current Events in the World and Relevance of Maharshi Dayanand

Everyone is welcome to attend our Sunday Satsang (11 am to 1 pm followed by lunch) and benefit from his talks.

The Spirit of the Mind

आ त एतु मनः पुनः क्रत्वे दक्षाय जीवसे।

ज्योक् च सूर्य द्रशे॥ ऋग वेद 10.57.4

**aa ta etu manah punah kratave dakshaaya jeevase |
jyok cha suryam drishe || Mind Rig Vead 10.57.4**

Meaning in Text Order

aat etu = may the spirit, return, manah = the mind, punah = again , kratve = be active in action, dakshaaye = active living, jeevasya = for life, jyok = live for long time, cha = and , suryam = the sun , drishe = see.

Meaning

May the spirit of our mind return to us for active and efficient life. May we see the sun rising for a long time.

Contemplation

The mind is a gifted faculty of God to mankind. It is a powerhouse with a lot of potential. All resolutions, (sankalpa) dissolution, and judgements (vikalpa) take place in the mind. When a person is totally discouraged, disheartened, disenchanted and demoralized in the life that proves this person has not awoken the potential of the mind. It shows that the mind has conceded the defeat.

It means that there is no excitement, zeal and enthusiasm in the life. At that the inner strength can only generate new spirit in the mind. It is the mental strength which can rejuvenate the zeal. There is a need to reawaken the mind so that it can become

efficient and diligent. The word **karatu** denotes a sense of diligence.

When the mantra says may we see the sun for a long time in the life it means, a life full of hope and aspiration. Sun is the symbol of life. When the rays of sun touch the ground they bring the message of life not only for human beings and animals but also to vegetation as well. It gives the message of diligence and active life. The universe takes it a message of activeness. If our mind accepts the sense of defeat, it means we are defeated in the life. The mantra says – bring light to your mind and awaken it with enthusiasm. Then you can become competent and diligent. Awake your spirit of the mind.

Nothing will work unless you do.~ John Wooden

Most of our obstacles would melt away if, instead of cowering before them, we should make up our minds to walk boldly through them. ~Orison Swett Marden

You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. ~Oh The Places You'll Go

Happiness is not an accident, nor is it something you wish for. Happiness is something you design.~Jim Rohn

Don't get discouraged; it is often the last key in the bunch that opens the lock.~ Unknown

Extraordinary people survive under the most terrible circumstances and they become more extraordinary because of it.

~ Robertson Davies



Science of Yoga: Patanjali Meditation

Weekly classes (ten sessions) on
"Science of Yoga: Patanjali Meditation"

**I. Venue: Arya Samaj West Midlands, 188 Inkerman Street,
Nechells, Birmingham B7 4SA, 0121 359 7727**

I.1 Wed Evening, 7 to 8:30pm from May 11, 2011

I.2 Sat Afternoon, 3 to 4:30pm from May 14, 2011

**II. Venue: Ram Mandir Pleck, Walsall, 0121 357 8957
Tue Evening, 7pm to 8:30pm from May 10, 2011**

**III. Venue: Liverpool Yoga Centre, 37 Hope Street,
Liverpool L1 9EA, 0773 784 4495
Fri Evening, 6 to 7:30pm from May 6, 2011**

**IV. Venue: Arya Samaj, 69A Argyle Road, West Ealing,
London W13 OLY, 0790 849 4895
Every Mon Evening, 6:30 to 8pm from June 13, 2011**

It's a great opportunity to obtain wonderful benefits of meditation from a well-designed course, crafted and delivered by **Dr Harish Chandra**, an eminent scholar of ancient Vedic philosophy, who also has PhD in combustion sciences from Princeton University, USA, for:

*Stress-free living
Health and wellness of the body
Peaceful and relaxed mind
Blissful soul*

Don't Miss It

Course Fees: £40 for 10 sessions (£20 for students)

Contact: Mrs Vibha Cale, 01922 410108, 07877 302 761,
vibhacale@yahoo.co.uk

_____ (Tear Here) _____

Registration Form

Name: _____

Address: _____

Email: _____

Tel: _____ Mob: _____

Venue I will attend _____ and the
Day _____

- I will pay cash on the first day
- I enclose a cheque (payable to **Arya Samaj West Midlands**)

I wish to attend the course **Science of Yoga: Patanjali
Meditation**

Signature: _____

Date: _____

Arya Samaj West Midlands in Service of the Community

1) Weekly Satsang every Sunday:-

- Havan (11 am to 12 noon) followed by Devotional Bhajans
- Discourse by Dr Umesh Yadav or a visiting scholar/ dignitary
- Rishi Langar (Vegetarian Lunch) 1 pm

2) Free Pranayam and Yoga classes:

Every Tuesday 7 pm

3) Friends' Group: Every Wednesday

- Pranayam and Aasans: 11 am to 12 noon
- group conversation: 12 noon to 1pm
- Lunch: 1 pm
- Games etc. till 3 pm

4) Monthly Ved Prachar at Radio XL

- 1st Sunday of every month 7 am to 8 am

5) Priest Service: for Weddings and other Sanskars we have a highly qualified resident priest Dr Umesh Yadav. Contact him on 0121 359 7727.

6) Dance Classes: A highly qualified dance teacher **trained in India**, teaching Indian classical and group dances every Sunday, 11am to 1pm in Arya Samaj premises.

7) Library: Vedic, religious and other relevant books. Please take advantage of the extensive collection.

8) Vedic Vivah (Matrimonial) Service: Our service is one of the best in the UK. We have more than seven hundred members and it is updated with new entries every week.

9) Arya Samaj (Vedic Mission) West Midlands Hall is available for hire at a very reasonable cost. Besides the hall, there is a kitchen recently refurbished, dining area and an annexe room.

Our premises are licensed for the civil marriage ceremony

*Vedic
Vivah
List*

*May
2011*

**For the full list
Please go to the
Member Section
of this Website**

FORTHCOMING EVENTS

Arya Youth Discussion sessions in Arya Samaj Bhawan EVERY Thursday evening from 5th May 2011

Seminars by Youth Wing Hindu Council
Birmingham, in Arya Samaj Bhawan **First Sunday of Every Month**

Gayatri Mahayajna	Sunday	26 th June
AGM + Open Forum for Public Suggestions	Sunday	17 th July
Charity Dinner	Friday	22 July
Independence Day of India	Sunday	21 st August
Student Special	Each Sunday	4,11,18,25 Sept
Deepavali	Saturday	29 th Oct
Swami Shraddhanand Balidaan Diwas	Sunday	5 th December
First Satsang of the Year	Sunday	1 st Jan 2012

For Directions and Detailed information: visit www.arya-samaj.org or Call 0121 359 7727 **nearer the event.**

Email- enquiries@arya-samaj.org

THE BIRD WITH TWO HEADS

Here is another story from the album of Panchatantra. Once upon a time, there lived a strange bird named Bharunda. He lived on a banyan tree near the banks of a river. The strangeness of the bird lies in the fact, that he had two necks, but shared a common stomach. One day, the bird was wandering on the banks of the lake and found a red-golden fruit, which appeared delicious at the first sight. One of the two heads mumbled, "Oh what a fruit. I am sure the heavens have sent it for me. I am so lucky." He started eating the fruit with immense pleasure and claimed that it was the most delicious fruit he had ever eaten.

Hearing this, the other head said, "O dear, let me also taste the fruit you are praising so much". The first head laughed and replied "You know that we've only one stomach, whichever head eats, the fruit will go to the same stomach. So, it makes no difference whether I eat it or you eat it. Moreover, I'm the one who found this fruit. So I've the first right to eat it". The other head became silent and disappointed after hearing the first head. This kind of selfishness, on the part of the first head pinched him very much.

Later one day, the other head found a tree bearing poisonous fruits. He took the poisonous fruit and told the first head, "You deceitful fellow. I will eat this poisonous fruit and avenge your insult which you have done to me".

The first head yelled, "Please don't eat this poisonous fruit. If you eat it, both of us will die, because we've a common stomach to digest it." The other head replied, "Shut up! As I have found this fruit, I have the every right to eat it." The first head started crying, but the other head didn't bother and ate the poisonous fruit. In the consequence of this action, both of them lost their lives.

Moral: Sharing of a good thing with others is always good.

शादी में धूमधाम क्या जरूरी है ?

करीबी सहेली ने अपने घर का एक किस्सा सुनाया: उसके मौसाजी बैंक में साधारण-सी नौकरी करते थे। उन्होंने अपनी बेटी को बड़े लाड़-प्यार से पाला। जब उसकी शादी का वक्त आया तो बरसों से मन में संजोए सपने को साकार करने के लिए बड़ी 'धूमधाम' से लोन लेकर शादी की।

कुछ दिनों बाद वे इतने बीमार हो गए कि समय पूर्व रिटायरमेंट लेकर नौकरी छोड़ना पड़ी। पीएफ का आधा पैसा बीमारी के इलाज में लग गया। शादी की धूमधाम के लिए लिया लोन उनके लिए अब तक मुसीबत बना हुआ है। इस किस्से को सुन स्मृतियों में सुस एक विवाह समारोह बरबस ही याद आ गया।

6 माह पहले मेरे एक रिश्तेदार के बेटे ने आर्थिक संपन्नता के बावजूद अपनी शादी बहुत ही सादे तरीके से की। शादी में करीबी रिश्तेदारों के बीच फेरे की रस्म हुई। महँगे परिधानों, आभूषणों, रोशनी से जगमगाते मैरिज हॉल के बिना घर पर ही हुए एक सादा समारोह को देखकर मन को बहुत सुकून मिला।

वर निकासी न होने के कारण न तो ट्रैफिक जाम हुआ, न शादियों के आठ दिन पहले से शुरू होने वाले गीत-संगीत से पड़ोसी को परेशानी और न ही रिसेप्शन में भरी की भरी थालियों में छोड़ी गई जूठन से भोजन की बर्बादी हुई। साथ ही यह शादी पर्यावरण हितैषी भी लगी, क्योंकि उसमें डिस्पोजेबल का इस्तेमाल भी सीमित मात्रा में ही हुआ था। मन में पूरे समय यही विचार आता रहा कि काश देश में इस ढंग से शादियाँ करने का चलन बड़े!

कुछ दिनों पूर्व एक राजनेता के बेटे को उपहार में हेलिकॉप्टर मिला और यह भव्य शादी अखबारों की सुर्खियों में छाई रही। भारत में अक्सर उद्योगपतियों, राजनेताओं और प्रसिद्ध व्यक्तियों की शादियाँ चर्चा का विषय बनती हैं। इन भव्य शादियों में करोड़ों रुपए शानो-शौकत और दिखावे पर पानी की तरह बहाए जाते हैं।

शादियों की भव्यता अब संपन्न परिवारों तक ही सीमित नहीं रही, बल्कि यह मध्यमवर्गीय परिवारों तक भी पहुँच चुकी है। फिर भले ही इस भव्यता के शामियाने 'लोन' लेकर खड़े किए गए हों या फिर जिंदगीभर मेहनत से की गई गाढ़ी कमाई से।

भारत एक उत्सवप्रिय देश है। लोग दिल खोलकर उत्सवों में पैसा खर्च करते हैं, फिर चाहे वह उत्सव नवरात्रि का हो या शादी। इन भव्य शदियों की भव्यता दिनोंदिन बढ़ती जा रही है। ये उस देश की सचाई है, जहाँ आज भी लाखों लोग भूखे पेट सोते हैं और कड़्यों को सिर्फ एक वक्त भोजन करके गुजारा करना पड़ता है, देश का आम आदमी आज भी आधारभूत सुविधाओं के लिए संघर्षरत है। अब देश के युवाओं के लिए यह बात विचारणीय है कि शादियों पर इस तरह की फिजूलखर्ची कितनी जायज है? कुछ लोगों का मत है कि शादी जीवन में एक बार होती है तो कंजूसी क्यों की जाए! धूमधाम से शादी के फेर में ही लड़की के माता-पिता जिन्दगीभर कष्ट उठाते हैं।

सोचिए, गर शादियाँ सादगीपूर्वक होने लगें तो लोग बेटियों को भी बोझ नहीं समझेंगे। जन्म से ही उन्हें बेटि की शादी में होने वाले खर्च की चिंता नहीं सताएगी। इससे कन्या भ्रूण हत्याओं में भी कमी आएगी। युवाओं को चाहिए कि वे अपनी शादियों के भव्य तमाशे में पैसा बहाने की अपेक्षा समझदारी से पैसा खर्च करें। इसके लिए अपने माता-पिता से भी इस बात पर विचार करें। शादी में बेवजह दिखावे पर पैसा बर्बाद करने से तो बेहतर है कि किसी जरूरतमंद की मदद कर दी जाए।

शादी-ब्याह के मामले में लोग सोचते हैं कि अगर साधारण रूप से शादी कर दी तो समाज के लोग बातें बनाएँगे या इससे उनकी प्रतिष्ठा कम हो जाएगी। प्रतिष्ठा की चिंता किए बगैर आप अच्छे कार्य की पहल तो कीजिए, फिर समाज वाले भी आपका अनुकरण करने लगेंगे।

आप चाहें तो शादी के कुछ ऐसे नए रिवाज भी शुरू कर सकते हैं, जैसे संपन्न नवदंपति एक जरूरतमंद को पढ़ाई या प्रोफेशनल कोर्स करवाने में मदद करें, किसी को रोजगार मुहैया करवाएँ।

A GUIDE FOR HEALTHY LIVING

Health:

1. Drink plenty of water.
2. Eat breakfast like a king, lunch like a prince and dinner like a beggar.
3. Eat more foods that grow ON trees and plants and eat less food that is manufactured IN plants..
4. Live with the 3 E's -- Energy, Enthusiasm and Empathy.
5. Make time to pray.
6. Play more games
7. Read more books than you did in 2010 .
8. Sit in silence for at least 10 minutes each day
9. Sleep at least 7 hours.
10. Take a 10-30 minute walk daily. And while you walk, smile.

Personality:

11. Don't compare your life to others. You have no idea what their journey is all about.
12. Don't have negative thoughts on things you cannot control. Instead invest your energy in the positive present moment.
13. Don't over do. Keep your limits.
14. Don't take yourself so seriously. No one else does.
15. Don't waste your precious energy on gossip.
16. Dream more while you are awake.
17. Envy is a waste of time. You already have all you need.
18. Forget issues of the past. Don't remind your partner of his/her mistakes in the past, that will ruin your present happiness.
19. Life is too short to waste time hating anyone. Don't hate others.
20. Make peace with your past so it won't spoil the present.
21. No one is in charge of your happiness except you.

22. Realize that life is a school and you are here to learn. Problems are simply part of the curriculum that appear and fade away but the lessons you learn will last a lifetime.

23. Smile and laugh more.

24. You don't have to win every argument. Agree to disagree...

Society:

25. Call your family often.

26. Each day give something good to others.

27. Forgive everyone for everything.

28. Spend time with people over the age of 70, and under the age of 6.

29. Try to make at least three people smile each day.

30. What other people think of you is none of your business.

31. Your job won't take care of you when you are sick. Your friends will. Stay in touch.

Life:

32. Do the right thing!

33. Get rid of anything that isn't useful, beautiful, or joyful.

34. GOD heals everything.

35. However good or bad a situation is, it will change.

36. No matter how you feel, get up, dress up, and show up.

37. The best is yet to come...

38. When you awake alive in the morning, thank GOD for it.

39. Your Inner most is always happy. So, be happy.

Last but not the least:

40. Consider forwarding this guide to those you care about.

वैदिकराजधर्म-भाग-2

आचार्य डॉ उमेश यादव

"सभ्यं सभां मे पाहि ये च सभ्याः सभासदः" अथर्ववेद की इस उक्ति का तात्पर्य राजा को सभा, सभ्यता, सभासद् की कड़ी से बाँधना है जिससे अच्छी राज्य व्यवस्था तथा प्रजा का सर्वाधिक हित हो। राजा स्वतंत्र राज का एकाकी अधिकारी न हो अपितु वह भी नियम-व्यवस्था में पूर्णतया बंधा हो। यही है वैदिक राज व्यवस्था का सही रूप जो प्रजातंत्र तथा प्रजासुख को सार्थक कर सकता है। सब एक-दूसरे से नियमबद्ध हों। मनमानी कोई न करे। न राजा, न प्रजा। ऐसी राज व्यवस्था में ही राज्य का ऐश्वर्य बढ़ेगा तथा प्रजा शक्तिशाली, समृद्ध एवं सुखी हो सकेगी।

शतपथ ब्राह्मण का 13(2-3) कं. 7-8 का यह उद् घोष कभी न भूलें। इसके अनुसार ही राजा अपने कार्य को होने में अपनी सफलता समझे क्योंकि ऐसा न होने पर राज्य में विनाश सम्भव है। "राष्ट्रमेव विश्याहन्ति तस्माद्राष्ट्री विशं घातुकः। विशमेव राष्ट्रायाद्यां करोति तस्माद्राष्ट्री विशमति न पुष्टं पशुं मन्यत इति।" -- तात्पर्य शतपथ ब्राह्मण की इन पंक्तियों के सरलार्थ से ऐसा जानें।

राष्ट्र में प्रवेश पाकर राजा राष्ट्र की प्रजा का हिंसक बन जाता है , वह राजा ही राष्ट्र को खाने लगता है जैसे सिंह या कोई माँसाहारी हृष्ट पुष्ट पशु को मार कर खा जाता है। निरंकुश राजा भी प्रजा का इसी तरह नाश करता है। अत एव राष्ट्र के समुचित विकास हेतु राजा को स्वतंत्र नहीं वल्कि राजव्यवस्थाधीन नियमबद्ध होना चाहिये।

एक राजा का प्रबल गुण यह है कि वह प्रजाहित में शत्रुओं से लड़ने वाला होकर शत्रु विजेता बने। वही राजा प्रतापी, ऐश्वर्यशाली, राज्य-सुख को सदैव बढ़ानेवाला, प्रकाशमान व प्रशस्त होवे अर्थात् प्रशंसनीय गुण-कर्म-स्वभाववाला होकर सर्वदा सबका मान्य होवे। इसके लिये अथर्ववेद 6-98-1 का यह मंत्र द्रष्टव्य है।

"इन्द्रो जयाति न परा जयाता अधिराजो राजसु राजयातै। चर्कृत्य इड्योवन्धश्चोपवोद्यो नमस्योऽभवेह॥"--राजा सदा विजयी होता है। शत्रुओं से कभी न हारता हुआ अन्य राजाओं के बीच चक्रवर्ती पद को प्राप्त करता है। मंत्र में उपदेश है कि हे मनुष्यों, शत्रुविजेता राजा ही सर्वस्तुत्य, वन्ध, सभापतिरूप, मान्य व नमस्कृत्य अर्थात् सत्कारणीय होवे।

स्पष्टतः यहाँ राजा को सर्वप्रतिष्ठित गुणों से भरपूर होना बताया गया है। इसके लिये प्रजाजनों को अधिकार दिया गया है कि वे सब मिलकर पक्षपातरहित न्यायशील उपर्युक्त गुणों से युक्त राजा का चयन करें। इसीलिये प्रजाजनों को भी विवेकशील होना आवश्यक बताया। हर हालत में प्रजागण निडरतापूर्वक सबके हित में शत्रुनाशक तथा सुखकारी मनुष्य को ही सभापति बनायें।

जो मनुष्य विद्वानों की रक्षा कर श्रेष्ठता पाता है तथा महिमावान क्षत्रियधर्म के लिये परम ऐश्वर्ययुक्त राज्य की स्थापना करता है वही मनुष्य सबकी सम्मति व पक्षपातरहित विचारधारा से सर्वोपरि सभापति बनाने योग्य है। यजुर्वेद 9-40 का यह मंत्र प्रस्तुत है--

"इमं देवाऽसपत्नं सुवध्वं महते क्षत्राय महते ज्यैष्ठाय महते जानराज्यायेन्द्रस्येन्द्रियाय००॥"

उपरोक्त वेदमंत्रों के आधार पर हम विचार कर सकते हैं कि राजा अपने लिये नहीं जीता अपितु प्रजासुख ही उसका सुख है। जिसमें त्याग, न्याय, शूरवीरता, ऐश्वर्यवृद्धि की क्षमता व ज्ञान तथा प्रजासुख की परम भावना पायी जाये, वही राजा या सभापति का अधिकारी है। यह एक मौलिक नियम है जो सर्वत्र लागू होता है। राज्य चाहे परिवार की सीमा में हो या समाज की, पंचायत या प्रांत की अथवा हो देश वा राष्ट्र की, सर्वत्र मुखिया परसुख की प्रधानता में ही जीता मरता है। यही वैदिक आदर्श है।

CONGRATULATIONS AND BEST WISHES TO

- Priyanka and Andrew Main for the **Anna Prashan** of Sirisha. Also to grand parents Dr Narendra and Shama Kumar.
- Diya Bhoojiawan on her **Birthday**

And for their New home to

- Mr. Ravi Sumra Mrs. Anushka Mangal, also to the parents Mr. Vishu Mangal and Mrs. Manju Mangal
- Anurag and Natalie and also to parents Dr. Bijay Singh and Mrs. Rajul Singh

CONDOLENCE TO

Ganesh(Daya Printers) &Hiten's Auntie Please fill in he details.

YAJMANS IN SUNDAY CONGREGATION

27.03.2011 Dr Narendra and Mrs Shama Kumar and family

03.04.2011 Dr. D.K.(Roshan) and Mrs Amita Bhoojiawan.

17.04.2011 Mr Vinod Aggarwal

RISHI LANGAR DONATION

Dr. N. Kumar £250 Anonymous £100

3rd April 2011 Rishi Langar was provided by Dr D.K. (Roshan), Mrs Amita Bhoojiawan and family.

17th April Vinod Aggarwal and family provided the Rishi Langar in the memory of his father late Haridev Aggarwal.

DONATIONS TO ARYA SAMAJ WEST MIDLANDS

Dr N. Kumar £50 Dr. D.K.Bhoojiawan £31

Anonymous £450 Mr Vinod Aggaewal £100

Hiten Pokar £30

DONATIONS FOR PRIEST SERVICE

Mr Ravi Sumra and	£31	Dr Bijay and	£31
Mrs Anushka Mangal		Mrs Rajul Singh	
Mr Vishi and	£31		
Mrs Manju Mangal			

APPEAL FOR CENTRAL HEATING

Mr AK Bakshi	£25	Mrs Sangeeta	£25
Mrs Sunita Bakshi		Bhardwaj	
Mrs Anju Cwathra	£21	Mrs Nirmal Prinja	£50
Mrs K. Bajaj	£101	Mrs N. Ghai	£101
Mrs. A. Verma	£5	Mrs Sudershan	£25
		Aggarwal	
Dr R. Chopra	£120	Anonymous	£20
Dr A. Rai	£50		

Ved Pracahr on Radio XL [7am-8am] First Sunday of every month. Next 1st May 2011

*Every effort has been taken that information given is correct and complete. But if any mistake is spotted please inform the office,
Tel. No. 0121 359 7727.*

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