



What is Arya Samaj?

Arya Samaj, founded by Maharshi Dayanand Saraswati, is an institution based on the Vedas for the welfare of universe. It propagates universal doctrines of humanity. It is neither a religion nor a sect.

ARYAN VOICE

YEAR 35

1/2011-12

MONTHLY BULLETIN

JULY 2011

Every Sunday- **11:00 am** Main Havan

12:00 noon Onwards -

Bhajans

Sermon by Acharya Dr Umesh Yadav

Talk by our visiting Vedic Scholar Dr Harish Chandra

1:00pm Rishi Langar (Lunch)

Come and join in with family and friends

VENUE :

ARYA SAMAJ (Vedic Mission) WEST MIDLANDS

(CHARITY REGISTRATION No. 506019)

VEDIC CULTURAL AND SPIRITUAL CENTRE

ERSKINE STREET, NECHELLS, BIRMINGHAM B7 4SA

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I. Inner Sciences by Looking Inward

The third arm of inner sciences will be the most challenging: How to connect the above two arms, if at all they could ever be connected? There are some plausible pointers that we must attempt to connect them. For example, I wasn't consulted (not at least that I am aware of) about the place and time of my birth, about who would be my mother and father, what community and nation I would be born in, what talents and deficiencies I will have at the time of my birth, etc. The present life has simply been thrust upon me. But then, the most amazing and remarkable thing is that I love this life. I want to live. I want to survive all the odds that I come across in life. Furthermore, for me to survive, I need certain life support substances, namely, food, water and air, in the increasing order of essentiality. I could survive a couple of weeks without food, a couple of days without water but not even a couple of minutes without air. And when I look around then I find that with some effort I can gather food, and with much less effort I can find water. But the greatest remarkable thing is that I don't have to make any effort to obtain air anywhere on the surface of the earth. Hence, I see a wonderful correlation that what I need most for my survival is most easily available for me. Could it be that one who sent me into this world is same as the one who made the world? This is a strong pointer that every human being worth slightest intelligence must make some effort to bridge these two arms of inner sciences.

These are the issues that we want to discuss as we develop inner sciences. Two things will always guide us and we will never compromise on them. First, any idea that we develop must go through a strict scrutiny by our intellectual faculty. Our intelligence is an integral part of us and we must utilize it fully before we accept any idea. Second, it must be for the collective good for the entire humanity without any distinction based on race, color, culture, language, religion, or any other parameter. We want to live under the constant shower of peace at all levels – from an individual's mind to the global arena. Indeed, our compassion must include even mute animals and birds. They share this planet with us and if we are

superior to them then it is so because we can be compassionate towards them and not because we can kill or harm them. Furthermore, we are concerned about the environment that we enjoy. We owe it to ourselves that we must leave it the way we found it for the future generations to enjoy it too. Thus, two poles of intelligence and compassion will constantly guide us as we develop inner sciences – our head and heart will work together. We will not do mental gymnastics just for the fun of it to develop a rigorous blueprint that does not give rise to a natural smile on every human face. Nor will we allow ourselves to be cowed down by a set of sentimental myths and fallacies even though it might have been accepted by a large cross-section of humanity for a great length of time. We will cross-examine every principle, belief and faith. In short, we will be ruthless towards lies so that we emerge truthful and compassionate.

Next month I will present an outline of the Second Series of SpiritMag articles on "Inner Sciences by Looking Inward" – the first arm of the inner sciences.

- Dr Harish Chandra
B. Tech. (IIT Kanpur)
Ph. D. (Princeton)

The Qualities of a Commander-in -Chief

अभि गोत्राणि सहसा गाहमानोऽदयो वीरः शतमन्युरिन्द्रः।

दुश्वनः पृतनाषाड्युध्योऽस्माकं सेना अवतु प्र युत्सु ॥ यजु. 17.39

**abhai gotraani sahasaa gaahmaano adyo veerah shatamanyurindr h
dushchyavanah pritnaashaadyudhyo-asmaakam senaa avatu pra
yutsu ll**

Yajur Veda 17.39

Meaning in Text Order

abhi = from all directions, gotraani=clans of enemy, sahasaa= quick to take offence, gaahmaanah=by attack, adayah= by merciless, veerah=valiant, shatamanyuh = efficient to destroy the enemies by hundred methods, indrah = by enthusiastic and brave, dushchyavanah = difficult to dislodge by enemies, prishnaad=vanquisher of enemies, ayudhyah= unconquerable, asmakam= our, senaah= armies, pra-avatu= protect us completely, yutsu = in the battlefield.

Meaning

May our Commander of Army, defeat the enemy clans with tremendous force, mercilessly, valiant, quick to take offence, difficult to dislodge, destroyer of enemies, the matchless hero protect our armies in the battles.

Contemplation

In every sphere, certain qualities are expected from the leadership. Though every leader has a different style but some qualities of leadership are essential in every leader. In this mantra of Yajur Veda significant qualities of a Commander of Army have been described.

He should be Indra. Here the word means, full of bravery and enthusiasm. It is the commander who infuses the enthusiasm and the spirit of bravery among his soldiers. All the forces look towards him for inspiration. The commander is like a lion and he has to behave like a lion. Victory is not

only the touch stone of bravery but how bravely his army fights in the battlefield.

The second quality is that he should attack the enemy with full strength and quick and precise decision. The attack on the enemy should be with full force and quick so that it startles the enemy and the enemy should not get the opportunity to organize. Therefore, this maxim is famous that he who attacks first is the winner. In this context, Chankya has given the example of lion. It does not matter whether the act is big or small. A lion when attacks whether on an elephant or a rabbit, his attack is with full strength not half heartedly. The attack must take place with full strength and precise preparations.

The third quality of a commander is that he should not be easily compassionate to the enemy. The enemy might be pretending for mercy but his hidden intentions might be different. Before showing mercy to the enemy he should be certain about the intentions of the enemy.

The fourth quality should be to adopt different methods to defeat the enemy such as to destroy the line of supply of food, water and ammunitions. He should lay down the mines to obstruct his path.

The fifth quality of a commander is that he should be alert to understand the tactics of the enemy and destroy them before they are in action. If the enemy's strength is enormous, then he should be ready to play opportunistic games like guerrilla warfare. May our commander have these qualities to protect us.

Krishan Chopra

वैदिक राजधर्म-भाग-4

आचार्य डॉ. उमेश यादव

वैदिक राजधर्म में सबसे बड़ी बात है कि प्रजा एक सच्चे प्रतापी वीर राजा को पहचाने। एक राजा अपने तप से सबकी बाहर-भीतर की आँखों व मन को आदित्यतप अर्थात् सूर्यवत् तेजरूपी तप से तपाता है और इतना दृढ़ करता है कि उसके राज्य में कोई भी कमजोर नहीं पड़ता। राजा स्वयं में भी इतना तपस्वी व प्रतापी हो जाता है कि किसी की भी हिम्मत नहीं होती कि वह उस सूर्यवत् तेजस्वी प्रतापी राजा को करडी दृष्टि से देख सके। यहाँ बल, शौर्य के साथ विवेक और जागृति भी राजा का धरोहर बनता है। राजा में चारों ओर से सजगता और सम्पन्नता जब आती है, तभी राजा अपने राष्ट्र की रक्षा कर सकने में पूर्ण समर्थ होता है। राजा का कार्य व उसका प्रभाव तब पता चलता है जब उसके राज्य में सर्वत्र सुखमय वातावरण हो। न धर्म का कम प्रभाव हो, न अज्ञानता का बढ़ावा। न धन की कमी हो, न दुष्टों का साम्राज्य। राजा में अग्नि, वायु तथा सूर्य का सा तेज प्रलक्षित होता हो, प्रजा के लिये सोम जैसी दयादृष्टि भी उसी प्रतापी राजा में होती है तभी वह राजा अपने आप में राज्य के पूर्ण ऐश्वर्य का विकास कर पाता है। तब चारों ओर हँसी-खुशी, ज्ञान, धर्म, सुख व शान्ति की फैलती लहर प्रतीत होती है। ऐसे ही राज्य में सारी प्रजायें सुख-शान्ति से वेरोक-ठोक दीर्घकाल तक रहकर जीवन यापन करते हुये धर्म व व्यापार को बढ़ाने में सफल होती हैं तथा अपने ऐसे प्रतापी राजा की राज्यावधि भी दीर्घकाल तक बनी रहे; ऐसी इच्छा रखती है। राजा के इन गुणों को दर्शाने के लिये मनुस्मृति के इन श्लोकों को पढ़ना सार्थक होगा।

तपत्यादित्यवच्चैष चक्षूषि च मनांसि च। न चैनं भुवि शक्नोति
कश्चिदप्यभिवीक्षितुम्॥

सोऽग्निर्भवति वायुश्च, सोऽर्कः सोमः धर्मराट्। स कुबेरः, स वरुणः स
महेन्द्रः प्रभावतः॥ मनु.7/6-7

उक्त श्लोकों पर ध्यान देने से पता चलता है कि राजा भी एक उदारशील, न्यायकारी, प्रजाहितकारी आदि गुणों वाला तभी हो सकेगा जब वह स्वयं भी उसी स्तर का संस्कारी होगा। सबकी आखों व सबके मनों को तपाने की बात यह दर्शाती है कि राजा चरित्रवान् व इन्द्रिय-संयमी पहले स्वयं होगा तब उसकी आँखों व उसके भीतर की मनोदशाओं में प्रजा के लिये प्यार होगा। प्रजाओं के कल्याण की पवित्र भावना होगी। इसके लिये जब वह राजा मन से तैयार होगा तभी वह तपस्यापूर्वक पुरुषार्थ से सूर्य, अग्नि, वायु, सोम इत्यादि पदार्थों के गुणों को अपने में धारण कर ज्ञान, प्रकाश, प्रगति, सुख-शान्ति के मार्गों का निर्माण कर सकेगा तथा सच्चा कुबेर (धन-स्वामी) व वरुण (दुष्टों को बाँधनेवाला) बनकर धर्म, धन, न्याय व शौर्य से दुष्टों का संहार कर सुख का साम्राज्य स्थापित कर पायेगा।

Integrity

Once, a Chinese traveller came to meet Kautilya (Chanakya). It was dusk and darkness had just started to set in. When the traveller entered Chanakya's room, he saw that Chanakya was busy writing some important papers under the lighting of an oil lamp. You know that there were no bulbs or tube lights in those days, since there was no electricity. So, in those days people used to light oil lamps. Chanakya smilingly welcomed his guest and asked him to sit. He then quickly completed the work that he was doing.

But do you know what did he do on completing his writing work? He extinguished the oil lamp under which he was writing and lit another lamp. The Chinese traveller was surprised to see this. He thought that maybe this was a custom followed by Indians when a guest arrives at their home. He asked Chanakya, "Is this a custom in India, when a guest arrives at your house? I mean, extinguishing one lamp and lighting the other?" Chanakya replied, "No my dear friend. There is no such custom. Actually, when you entered, I was working. It was an official work, pertaining to my empire, my nation. The oil filled in that lamp has been bought from the money from the National treasury. Now, I am talking to you. This is a personal and friendly conversation, not related to my nation; so I cannot use that lamp now, as it will lead to wastage of the money of the national treasury. Hence, I extinguished that lamp and lit this other lamp, since the oil in this lamp has been bought from my personal money."

It is amazing to see how principled our Acharyas' (spiritual leaders) were. They had reached such a high intellectual level! When will we learn to be like them? Actually, our current political leaders should learn from them; but unfortunately, no one is ready to learn.

On seeing such high moral standards of our ancient spiritual leaders, sometimes it feels that we should try to emulate them, at least a little. They had such pure behaviour, pure conduct, pure mind and a pure conscience! Just ask yourself, what honorary title should we give to such men?

QUALITIES OF AN ACHARYA

ACHARYA is whose ACHARN is worth following

Of course, he has to have the 'knowledge' of Vedas, scriptures but also has to have the ABILITY to communicate that knowledge to the Seekers, in a very clear, systematic way.

Has to be a Moral and Ethical Individual. Has to hold a very high Character, personify Integrity, follows Morality effortlessly, embibes divine goodness.

Is an Individual who personifies what they tTeach. Practices what he teaches, also menifests the fruit of that practice. Teach by their very example.

Has to have Humility. Does NOT at any time of their life proclaims or allows his disciples to proclaim-he is God or Incarnation of Somebody.

He is an Individual who has not only the ability to teach or guide but has a deeper aspect-- that is to empower their Disciples.

Sould have 'Sum Darshana'. No favouritism.

QUALITIES OF A DISCIPLE

Has to have tremendous Yearning.

Has to have sincerity towards its Goal as to what they want to achieve and for the Right reasons.

Has humility—does not have to be passive, or allows them to be abused. It is a balanced approach of knowing who we are and at the same time being aware of our Limitations.

Has to have some amount of Intelligence- to have somewhat philosophical Inclination.

*Vedic
Vivah
List*

*July
2011*

**For the full list
Please go to the
Member Section
of this Website**

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Swami Dayanand was first in modern times to raise voice for right of women and sudras to chant Gayatri mantra. The ignorant Brahmins had banned women and sudras to listen Vedic mantras from centuries.

Swami Ji was first in modern times who advocated right of wearing yagnapavit for women and sudras.

Swami Ji was first in modern times who advocated right to perform yajnas by sudras and women hood.

Swami Ji was first in modern times who advocated interdinning of all high castes with sudras.

Swami Ji was first in modern times who advocated 100% education for all irrespective of caste or gender or status in society. He even advised that those parents who did not admit their kids to schools for education must be punished by the king. He even advised that son of a king and son of a poor should be given same cloths and same facilities in his teaching gurukul.

Swami Ji was first to advocate that marriage of a girl and boy must be done on basis of their qualities not on basis of their caste.

Swami ji was first to reject interpolations in Manu Smriti. He said I do not believe in interpolations in Manu Smriti which supports Caste system and inferior status for womanhood and are thus not in accordance with the Vedas. This stand of swami Dayanand on Manu Smriti also applies on other texts like Ramayana, Mahabharata and Puranas.

Lot of his aim and objectives have been achieved and we take them for granted. We must not get complacent but look at the needs of the modern time.

Modern Arya Samaj is raising its voice very strongly against the evil in our society such as female foetus abortion and I am inviting you not only to ASWM AGM on 17th July but to carry the torch of reformation and progress.

Om Shanti-Shanti-Shanti

THE BRAHMIN'S DREAM

Here is another interesting story from the Panchatantra collection. Once upon a time, there lived a poor Brahmin by the name of Swabhavakripna in a village. Swabhavakripna was all alone and had no friends or relatives. He was known for his miserliness and used to beg for his living. Whatever food he got as alms, he kept in an earthen pot and hung it beside his bed. Whenever he felt hungry, he took out some food from the pot and ate it.

One day, the Brahmin got a quantity of rice gruel, so much that even after eating to his full, a pot full was left. Brahmin was very happy to get such quantity of food. As the night progressed, the Brahmin lay on his bed but he could not take his eyes from the pot. Soon, he was fast asleep. He began to dream that the pot is overflowing with rice gruel.

He dreamt that if a famine came to the land, then he could sell it for a hundred silver coins. With these silver coins, he would buy a pair of goats. They would have kids in every six months and soon he would acquire a herd of goats. Then he would trade the goats for buffaloes and cows. Then they would have their young ones. They would grow up and give lots of milk. He would sell the milk in the market and make lots of butter and curd from it. Then he would sell that butter and curd in the market. Like this, he would become richer than ever before.

With this money, he would buy a large house with four buildings in a rectangle. A wealthy Brahmin after seeing his affluence would marry his daughter to him. Soon, the wife would deliver a son and he would name him Soma Sharma. The Brahmin would scold Soma, when he would play around all day making noise. But Soma would not listen and anxiously the Brahmin would pick a stick and run after him.

Buried in his dream, Brahmin picked up the stick lying near his bed. He started hitting in the air with the stick. While doing so, he hit the earthen pot with the stick, the pot broke and all the contents spilled over him. The Brahmin woke up to find that he was dreaming the whole situation. All his dreams got shattered at once.

Moral: One should not build castles in the air.

WHY DONATE BLOOD?

Why is it so important that I give blood?

Many people consider it a right to receive blood when needed, but don't often consider the responsibility of giving blood to maintain the community supply for others..

Why do blood shortages occasionally happen?

Medical advances have improved the treatment of serious illness and injury. These advances have increased the need for blood products to support a patient through recovery. Also, "baby boomers", who make up the majority of blood donors, are aging. As they grow older, fewer are eligible to give blood, yet more of them need blood as their health declines.

Give blood

Giving blood is easy. You can do it up to three times a year. It takes no longer than an hour per session, and it can be arranged entirely at your convenience. Your blood will be used to help a variety of patients, such as a mother in the delivery room, a child with leukaemia, a burns victim or people with conditions that require regular blood transfusions.

However, only 4% of people regularly give blood, and only We can do something to make a difference. It doesn't take long to give blood: a small price to pay for the gift of life.

Why is there a special need for type O blood?

Type O negative blood is called the "universal blood type" because it can be transfused to people of all blood types. Type O positive can be given to anyone with a positive Rh factor.

In an emergency, a person may need blood to survive. If their blood type is not known, type O negative blood is given to them. When emergency situations such as car accidents or shootings occur, type O negative blood inventories can be used up quickly. In addition, infants who require transfusions immediately after birth often need type O negative blood. The Red Cross especially needs to provide an adequate supply of type O negative blood to treat emergencies in the community.

How will my blood be used?

Blood is almost never used in its whole form. Most patients requiring transfusions only need one or two of the many components that make up blood. It would be wasteful and sometimes harmful to give the patient blood components they do not need.

More than 99% of the whole blood collected in this region is separated into blood components that can be used to treat the specific medical needs of three or more people. Below are some of the products derived from whole blood:

Red blood cells carry oxygen and are needed by surgical patients or to treat those with anemia. Red blood cells can also be washed and filtered to prevent adverse reactions in some sensitive patients. Sometimes rare blood cell types are frozen to extend their storage period and help ensure that an adequate supply is always available.

Platelet concentrates are fragile blood cells that are an important part of the body's clotting system. They are used to control bleeding in the course of treatment of leukemia and other forms of cancer.

Plasma is the yellow liquid portion of blood. It restores fluid volume in patients who have suffered from shock and provides a source of clotting proteins that stop bleeding.

Cryoprecipitate is a part of plasma that contains certain clotting factors found in whole blood. It is used to treat clotting deficiencies like those found in people with hemophilia..

HEARTFELT CONDOLENCES TO

Mrs Sukshma Khattar for the loss of Mr Ram Khattar a regular member of Arya Samaj and Arya Friends Group.

We extend our deep sympathy to the daughters:

- Mrs Vijay Gulati, husband Vinod and the children Nidhi, Nikhil and Nikhita.
- Mrs Kiran Kumar, husband Mr Anil Kumar and the children Vishal and Shiwani.

Also to

Mrs Adarsh Sharma for the loss of Sri Somdutt Sharma. He leaves behind sons Kush and Dev(Lav)

He was a priest in the Hindu temple of Nottingham for 26 years
He would be deeply missed by the congregation there.

YAJMANS IN SUNDAY CONGREGATION

29.05.2011 Acharya Dr Umesh and Mrs Shanti Yadav

05.06.2011 Dr P.D. and Mrs Rekha Gupta

DONATIONS FOR PRIEST SERVICE

Mrs Sukshma Khattar £50 Mr Vinod Gulati £10

Mr Anil Kumar £25 Mrs Adarsh Sharma £31

Mrs Jaya Verma £20 Dr Pramod Sabharwal £20

DONATIONS TO ARYA SAMAJ WEST MIDLANDS

Dr P.D. Gupta £51 Mrs Swarn Talwar £20

Dr Umesh Yadav £11 Anonymous £100

RISHI LANGAR DONATION

Dr P.D. Gupta £255 Dr Umesh Yadav £90

DATES FOR YOUR DIARY

AGM: Sunday 17th July 2011

Celebration of Independence Day of India:

Sunday 21st August 2011

Along with Sunday Havan and Satsang, ASWM provides many other activities regularly for the Community. Every

Monday evenings= 7.30 pm-9pm Aasan Pranayam with Dr Yadav for enhance feeling of good health.

Wednesdays=Friends Group get together from 11am till 3pm having Aasan pranayam and socialising sessions with hot meals and games till 3pm

Wednesday Evenings and Saturday afternoons = Patanjali Meditaion Sessions with Dr Harish Chandra for Stress free life and improved Efficiency & Productivity.

Thursday evenings= 7pm onwards- Drop In Sessions to understand Vedic way of life and to quench your thirst for Real authentic knowledge.

Saturday Mornings 11am = Story time for children to understand our values and proud Vedic history.

Every Sunday = Childrens' Dance classes take place from 11am till 1pm and Adult dance classes at 3pm.

Every effort has been taken that information given is correct and complete. But if any mistake is spotted please inform the office,

Tel. No. 0121 359 7727.

E-mail- enquiries@arya-samaj.org,

Our Website: www.arya-samaj.org