



## What is Arya Samaj?

Arya Samaj founded by Maharishi Dayanand Saraswati is an institution based on the teachings of Vedas for the welfare of universe. It propagates the universal doctrines of humanity. It is neither a religion nor a sect.

# ARYAN VOICE

YEAR 38

7/2016-17

MONTHLY

July 2016

- **Annual General Meeting Sunday 31st July 2016.**  
(For detailed information see page 14)
- **Ved Katha - Thursday 18th August till Thursday 25th August 2016.** (for detailed information see page 14 )
- **Independence Day of India - Sunday 21st August 2016.**  
(for detailed information see page 14 )
- **Special Satsang for University Students - Sunday 4th September 2016**

ARYA SAMAJ (Vedic Mission) WEST MIDLANDS  
(Charity Registration No. 1156785)

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**For General and Matrimonial Enquiries  
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Miss Raji (Rajashree) Chauhan (Office Manager)  
Monday to Friday between: - 2.30pm to 6.30pm,  
Wednesday: - 11.00am to 1.00pm.  
Bank Holidays – Closed - Tel. 0121 359 7727  
E-mail- enquiries@arya-samaj.org**

## **10 Principles of Arya Samaj**

- 1. God is the primary source of all true knowledge and all that is known by its means.(At the beginning of creation, nearly 2 Billion years ago, God gave the knowledge of 4 Vedas to four learned Rishis named Agni, Vayu, Aditya and Angira. Four Vedas called Rigved, Yajurved, Samved and Atharva Ved contain all true knowledge, spiritual and scientific, known to the world.)**
- 2. God is existent, intelligent and blissful. He is formless, omnipotent, just, merciful, unborn, infinite, invariable (unchangeable), having no beginning, matchless (unparalleled), the support of all, the master of all, omnipresent, omniscient, ever young (imperishable), immortal, fearless, eternal, holy and creator of universe. To him alone worship is due.**
- 3. Vedas are the scripture of all true knowledge. It is paramount duty of all Aryan to read them, teach and recite them to others.**
- 4. All human beings should always be ready to accept the truth and give up untruth.**
- 5. All our actions should be according to the principles of Dharma i.e. after differentiating right from wrong.**
- 6. The primary aim of Arya Samaj is to do good to the human beings of whole world i.e. to its physical, spiritual and social welfare.**
- 7. All human beings ought to be treated with love, justice and according to their merits as dictated by Dharma.**
- 8. We should all promote knowledge (Vidya) and dispel ignorance (Avidya).**
- 9. One should not be content with one's own welfare alone but should look for one's welfare in the welfare of all others.**
- 10. In matters which affect the well being of all people an individual should subordinate any personal rights that are in conflict with the wishes of the majority. In matters that affect him/her alone he/she is free to exercise his/her human rights.**

# Let us Offer our Oblation for the Nation

by Krishan Chopra

अभिभूर्यज्ञो अभिभूरग्निरभिभूः सोमो अभिभूरिन्द्रः । अभ्यहं विश्वाः पृतना  
यथासान्येवा विधेमाग्निहोत्रा इदं हविः ॥ अथर्व वेद ६.९७.१

Abhibhuryajno abhibhuragnir abhibhuh somo abhibhurindrah ।  
abhyaham visvah prtna yathasanyeva vidhemagnihotra idam havih ॥

Athrva 6.97.1

## Meaning in Text Order

Abhibhuh = defeats the enemies

Yajna = the performer of selfless actions

Abhibhuh= defeats the enemies

Agni = the king of earth

Abhibhuh = defeats enemies

Somah = the king of mid space

Abhbhuh = defeats the enemies

Indarah = sun is the king of upper region

Aham = I

Visvah = all

Prtna = all the forces of enemy

Yatha = as

Asani = may defeat

Eva = like

Vidhema = dedicate

Agnihotrah = the performer of yajna

Idam = this

Havih = oblation

## Meaning

May the creative spirit of Yajna destroy all the destructive elements in our nation as the Soma, Agni and Indra defeat all the vicious elements. May I offer my oblation to eradicate all evil elements in society.

## Contemplation

**Yajna** is a practical movement to defeat the selfish elements in society. Every act which is performed with selfless intention is called **Yajna**. Victory and defeat, creation and destruction go hand in hand. Without the defeat of the selfish elements in society and without selfish notions creative action is not possible. Therefore Yajna defeats such elements. The performer of yajna defeats the evil elements in society. Yajna develops the spirit of advancement. The spirit of Yajna generates enthusiasm, devotion, zeal and exaltation of the soul. Agni is the king of earth which with its light encourages us and destroys the difficulties of our path. Som, the moon, is the king of mid space, which defeats our anxiety and apprehensions with its coolness. Indra, the sun is the king of the planetary region. It defeats ignorance, disease and laziness with its golden rays.

May those citizens of the nation become victorious when they are able to defeat enemies and selfish entities. Let us perform Yajna and may we offer our oblation of sacrifice for the sake of our nation. Those who perform daily Yajna, it is not difficult for them to offer oblation for the nation. The spirit of yajna is in every drop of our blood. If the nation has such people who can offer oblations for the sake of the nation, that nation cannot be defeated. If this spirit of oblation persists in our mind then it is certain the army of enemies will certainly meet with defeat. Not only will we be able to defeat external enemies but also internal ones.

It is also important to offer our oblation of contribution for the comprehensive progress and advancement of our nation. O builder of nation! It is your duty to acknowledge our oblation for the sake of nation. This mantra teaches **usrastra devo bhava** – be a devotee of nation.

## अध्यात्म के शिखर पर

आचार्य डॉ. उमेश यादव

अध्यात्म अत्यन्त सारगर्भित शब्द है। अधि+ आत्मानमिति-जो ज्ञान आत्मा पर आधारित है, वही अध्यात्म है। आत्मा के साथ-साथ चलने वाले मन, बुद्धि, चित्त, अहंकार "अन्तश्चतुष्टय" तथा ज्ञानेन्द्रियाँ- चक्षु, नासिका, जिह्वा, कान, त्वचा आदि से जुड़ा ज्ञान भी अध्यात्म बोधक है। यह आत्मा जीवरूप में हर प्राणी के शरीर में अलग-अलग होता है; वह शरीर का स्वामी कहलाता है। अतः शरीर विज्ञान को समझने में भी अध्यात्म ज्ञान सर्वोपरि सहायक है। प्राण शक्तियाँ प्राण, अपान, व्यान, समान, उदान, नाग, कूर्म, कृकल, देवदत्त, धनञ्जय ये दस हैं; ये भी अध्यात्म विषय को समझने में उतना ही महत्त्वपूर्ण हैं, जितना मन, बुद्धि आदि। आत्मा शब्द परमात्मा के लिये भी प्रयुक्त हुआ है जो जीवात्मा से सर्वथा पृथक्स्वतन्त्र स्वसत्ता रखनेवाला विना नस नाड़ी, विना शरीर के, पर सभी शरीरों में विद्यमान कण-कण वासी सर्वव्यापक सर्वशक्तिमान और सर्वाधार है, वह सब प्राणियों तथा पदार्थों के साथ जुड़ा हुआ है अतः इसे जानने हेतु जो ज्ञान-सिद्धान्त है, वह तो सर्वोत्तम अध्यात्म ज्ञान है जो अध्यात्म के शिखर पर चढ़ने वाले जिज्ञासु जनों के लिये अत्यन्त ही सहायक है। वस्तुतः वेद, उपनिषद, दर्शन वा अन्य ब्राह्मण आदि आर्ष ग्रन्थों में "आत्मा" शब्द दोनों दिशाओं में प्रयुक्त है। जीवात्मा और परमात्मा दोनों अर्थों में "आत्मा" शब्द का प्रयोग पाया जाता है। प्रसंग एवं सन्दर्भ के अनुसार हमें अपने विवेक से जानना होगा कि किस स्थान पर आत्मा "जीव" के लिये और किस स्थान पर आत्मा परमात्मा/ ईश्वर के लिये प्रयुक्त है। इन सब गुणधर्मों को सुलझाते हुये जो मनुष्य सर्वोत्तम ज्ञान-सिद्धान्त को सही-सही जान लेता है; वही अध्यात्म की एक-एक सीढ़ी चढ़ते हुये शिखर तक पहुँच जाता है। वही धर्म, अर्थ, काम और मोक्ष के रहस्य को

यथोचित जान सकता है । उपरोक्त विचारों से हम अब अध्यात्म की ओर चिन्तन हेतु कदम बढ़ाने के लिये उद्यत हैं । यद्यपि यह कठिन मार्ग है तथापि शिवसंकल्प और सतत प्रयास से मंजिल को पाना सम्भव है अतः हमें कठिनाई से न डरकर आगे बढ़ना होगा और परमपिता परमेश्वर की सदुपासना को अपनाना होगा ।

महर्षि दयानन्द सरस्वती का अमर ग्रन्थ सत्यार्थ प्रकाश मानव-जीवन को सार्थक करने के लिये अत्यन्त सहायक है । जीवन के हर पहलु को इस ग्रन्थ में ऋषि ने उद्धृत किया है । अध्यात्म के विकास के विना जीवन संपुष्ट नहीं हो सकता अत एव महर्षि ने इस ग्रन्थ में अध्यात्म की पूर्णरूप से संपूष्टि की है । इस ग्रन्थ में ही जहाँ प्रथम समुल्लास में ईश्वर का सर्व श्रेष्ठ नाम "ओ३म्" की विशद्व्याख्या की तथा इसके साथ लगभग ईश्वर के गुण-कर्म-स्वभाव के आधार पर १०८ अन्य नामों के बारे में भी बताया, वहीं सच्चे ईश्वर को जानने और उसे पाने के लिये सातवाँ, आठवाँ और नवाँ ये तीन समुल्लास भी प्रस्तुत किये । वस्तुतः इस समुल्लास-त्रय को अच्छी तरह कोई पढ़े और जाने तो, निश्चित ही अध्यात्म की प्रशस्त सीढ़ियाँ उसे प्राप्त होंगी जिनके सहारे नितान्त ही उपासक, जिज्ञासु, याज्ञिक व योगी अध्यात्म के शिखर को पा सकते हैं तथा जन्म-जन्मान्तर की प्यास बुझा सकते हैं । क्यों नहीं ? सत्यार्थ प्रकाश का यह समुल्लास-त्रय वह सागर है जिसमें डुबकी लगाने पर अध्यात्म की मोतियाँ मिलती हैं; इतना ही नहीं, परमानन्द के अमृत-रस-पान से जन्म-जन्मान्तर की प्यास भी बुझ जाती है । अतः आर्ये और अब हम इनके सहारे अध्यात्म के शिखर पर चढ़ने हेतु अग्रसर हो जायें । पुरुषार्थ से सब कुछ मिलना सम्भव है ।

## SACRAMENT (SANSKAR)

“जन्मना जायते शूद्रः, संस्काराद्द्विज उच्यते” मनुस्मृति

**“Janmana Jayate Shudrah Sanskarad dvij Uchyate” Manusmriti**

Maharaj Manu will always be remembered and revered for his services to propagate and enhance the Vedic knowledge and Vedic values to the human kind. To make the characters of human beings healthy, comfortable and pleasant so that their lives be healthy, happy and prosperous Maharaj Manu explained the importance of teachings of Vedas at first and encouraged the human beings to follow these teachings in their lives.

Among the modalities of Yajna, Yog, Knowledge and Deed the modality of Sacrament is the most important.

The sacraments, which are totally based on the teachings of Vedas, bring human life to its total fulfilment.

The modality of Sacraments (Sanskars) is in itself a practical ground where human values are developed and nurtured.

The above declaration made by Maharaj Manu means “ All human beings are born as Shudra ( a member of the fourth of the four original classes or castes in the traditional hierarchical set-up of Hindu society) from their mothers womb i.e without knowledge and skills. With the knowledge of Sacraments, imparted by teachers, human beings are reborn again. Shudra means illiterate and he/she survives and earns livelihood in this world by serving members of the community. Human beings who acquire knowledge and skills from their teachers and become literate and cultured earn their living by becoming Brahman (Learned), Warrior or a business man or woman.

According to Vedas a human being becomes a Brahman who has knowledge of Vedas, a Warrior (Trisha) who posses knowledge of war and weapons etc, a business man/woman (Vaiysya) who posses knowledge of trade and commerce or a servant (Shudra) who serves the members of the society. Maharaj Manu supports this classification of caste system based on the teachings of Vedas.

All human beings are born as servants. The Sacraments (Sanskars) imparted on human beings separate them from animals. This is also known as Dharma (a way of life). A human being without any sacrament is like an animal. This is why it is very important for all human beings to be brought up with different sacraments at various stages of their lives.

To eat food, sleep, to be fearful and produce siblings and children are same in humans and animals. It is because of sacraments, given to human beings, a human being is different from an animal. It is Sacraments which develop a way of life (Dharma) in human beings.

There are 16 Sacraments (Sanskars) to be ordained (given) to all human beings. Out of these sixteen three sacraments are given to the child while developing in mother's womb and thirteen sacraments after the birth of the child. The aims of these three sacraments are as following.

- 1. The soul should always stay pure and best.**
- 2. The soul should be protected from bad elements.**
- 3. Before and after the birth of a child the soul in his/her body should grow and develop with good qualities as required for a knowledgable, skilful, intelligent, polite and courteous human being. These qualities will be acquired only with help of sixteen Sacraments imparted to the soul of a human being.**

According to learned Rishis the names of sixteen Sacraments are as following.

1. **“Garbhadan” Impregnation (Conception)**
2. **“Punswan” For stability of the conceived foetus**
3. **“Simantonnayan” For healthy growth of the foetus in mother's womb**
4. **“Jatkarma” Birth Ceremony**
5. **“Namkaran” Naming ceremony**
6. **“Nishkraman” Before taking child outside house**
7. **“Annaprashan” Before feeding solid food to the child**
8. **“Mundan” Shaving of scalp hair**
9. **Karnavedh” Piercing of ears**
10. **“Upnayan” Before child starts School education**
11. **“Vedarambha” Before start of University education**
12. **“Samavartatan” Graduation ceremony**
13. **“Vivah” Marriage ceremony**
14. **“Vanprastha” Abandoned worldly things**
15. **“Sanyas” Renunciation of world**
16. **“Antyesti” Cremation Ceremony**

It is important to perform these sacraments at different stages in life, as written in Sanskar Vidhi book by Maharishi Dayanand Saraswati, in order to live a healthy, happy, prosperous and contended life.

These sacraments give a disciplined and cultured life to human beings. As gold is melted in a furnace in order to become pure similarly human beings become great with help of Sacraments.

The founder of Arya Samaj Maharishi Dayanand Saraswati wrote a book named "Sanskar Vidhi" based on the knowledge and teachings of God gifted Vedas and traditionally followed for generations in order to preserve sixteen Sacraments for the well being of human beings. The readers are requested to read 'Sanskar Vidhi" written by Maharishi Dayanand Saraswati.

The higher education is good thing but a good quality education is even better. Here a good quality education means an education based on the knowledge of sixteen sacraments. These Sacraments help to develop a healthy mind, intellect, personality and well manners in a human being. These qualities are important for a human being to live a healthy, happy, contended and a prosperous life. These Sacraments bring the above qualities to humans, their families, society and the nation. By performing and following these Sacraments will give us good children who will make our lives happy as well.

**Written by Acharya ji Dr Umesh Yadav in Hindi**  
**and Translated by Dr Narendra Kumar in**  
**English**

# **VEDIC VIVAH (MATRIMONIAL) SERVICE**

The vedic vivah (matrimonial) service has been running for over 30 years at Arya Samaj (West Midland) with professional members from all over the UK.

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Monday to Friday between: - 2pm to 6pm,  
Except Wednesday: - 10.30am to 1.00pm  
Bank Holidays - Closed

## List of Festivals for year 2016

<b>Festival</b>	<b>Actual Date of Festival</b>	<b>Date for celebration in Arya Samaj</b>
<b>Republic Day of India</b>	<b>Tuesday 26th January</b>	<b>Sunday 31st January.</b>
<b>Rishi Bodh Utsav</b>	<b>Monday 7th March</b>	<b>Sunday 6th March</b>
<b>Holi</b>	<b>Thursday 24th March</b>	<b>Sunday 27th March.</b>
<b>Arya Samaj Foundation Day</b>	<b>Sunday 10th April</b>	<b>Sunday 10th April</b>
<b>Ram Navmi</b>	<b>Friday 15th April</b>	<b>Sunday 17th April.</b>
<b>Annual General Meeting</b>	<b>N/A</b>	<b>Sunday 31st July</b>
<b>Ved Katha (8 days)</b>	<b>N/A</b>	<b>From Thursday 18th August till Thursday 25th August</b>
<b>Raksha Bandhan</b>	<b>Thursday 18th August</b>	<b>Sunday 21st August</b>
<b>Independence Day of India</b>	<b>Monday 15th August</b>	<b>Sunday 21st August.</b>
<b>Shri Krishna Janmasthanmi</b>	<b>Thursday 25th August</b>	<b>Thursday 25th August</b>
<b>Special Satsang for University Students</b>	<b>N/A</b>	<b>Sunday 4th September</b>
<b>Gayatri Maha Yajna</b>	<b>N/A</b>	<b>Sunday 18th September</b>
<b>Dasahahara</b>	<b>Tuesday 11th October</b>	<b>Sunday 16th October</b>
<b>Diwali</b>	<b>Sunday 30th October</b>	<b>Saturday 29th October</b>

## **Event Information**

### **1. Annual General Meeting (AGM)**

**AGM will be held in our Bhavan on Sunday, 31<sup>st</sup> July 2016  
At 12 pm.**

**All members will receive a letter of notification about AGM  
meeting by post in due course.**

### **2. Ved Katha**

**Thursday 18<sup>th</sup> August to Thursday 25<sup>th</sup> August 2016. Every  
evening in our Bhavan at 7.00pm to 9.00pm. At end of  
programme, every evening, there will be light refreshment  
together.**

### **3. Independence Day of India Celebrations**

**Sunday 21<sup>st</sup> August 2016 in our Bhavan  
11am Havan, 12pm to 1.30pm Celebrations and there after  
Rishi Langer.**

### **4. Krishna Janmasthanmi**

**Thursday 25<sup>th</sup> August 2016  
To be celebrated on the last day of Ved Katha**

## News

### Condolence:

- **Mr Ajay Bhatia, Mrs Anjana Passi and Anu for the loss of their respected mother. Mrs. Sunita Bhatia (Walsall) passed away on 16.06.2016 at 10.45 pm. May God bless the departed soul with eternal peace and give strength to the family to bear the time of sorrow.**

### Get well Soon:

- **Our Patron Shri Gopal Chandra MBE is recovering in Sandwell General Hospital for last one month. He was admitted following a dislocated shoulder. We pray to Almighty God for his quick and full recovery.**

### Congratulations:

- **Dr Chaudhary and Mrs Satya Chaudhary for their son Gaurav's wedding with Sunita on 29<sup>th</sup> May 2016.**
- **Mrs Babita Sawlani, her sisters and family for 50<sup>th</sup> wedding anniversary of their parents Mr Brij Kishana and Mrs Usha Mehrotra was celebrated on 29.06.2016.**
- **Mr Jai Ganesh and Mrs Meena Bector for their son Manoj's engagement with Puja and for Grihpravesh done by Manoj as well on 05.06.2016.**

- **Mr Alok and Mrs Ruchi Chopra for their Punsavan Sanskar on 11.06.2016**
- **Mr Ravinder Renukanta and family for his birthday havan in Arya Samaj Bhavan on 22.05.2016.**
- **Mrs Vimla Dodd for her daughter Kamna's birthday havan in Arya Samaj Bhavan on Sunday 05.06.2016**
- **Mr Bri Bhushan and Mrs Minu Agarwal for their daughter Ekta Avani's 50<sup>th</sup> birthday celebration in Shreemad Geeta Bhavan on 24.05.2016.**
- **Mr Ranvir Raj Seerutun and Mrs Gianti Seerutun for Punsavan and Simantonnayan Sanskar.**
- **Many thanks to Mr Vinod Gulati and family for sponsoring Rishi-Langar on International Yoga-day celebration on 19.06.2016 in Arya Samaj Bhavan.**

### **Donations to Arya Samaj West Midlands**

- |   |             |
|---|-------------|
| • <b>Mr Ravinder Renukanta (including Rishi-Langar)</b> | <b>£120</b> |
| • <b>Mr J.P Sethi</b>                                   | <b>£21</b>  |
| • <b>Mrs Vimla Dodd (including Rishi-Langar)</b>        | <b>£136</b> |

- **Mr Vinod Gulati (including Rishi-Langar) for Int. Yoga-day celebration in Arya Samaj on 19.06.2016. £125**

**Donations to Arya Samaj West Midland through the Priest-Services.**

- **Mrs Satya Chaudhary £400**
- **Mrs Babita Sawlani £51**
- **Mr Jai Ganesh Bector £51**
- **Mrs Madhury Jobanputra - Havan for 6 month anniversary of the passing away of her dearest husband Mr Satyavrat Jobanputra f/o Mr Amit Jobanputra. £100**
- **Mr Alok Chopra £50**
- **Mr Ranvir Raj Seerutun £51**

**Many congratulations to all above mentioned families who have had auspicious havan at their residences on different occasions or Sunday Vedic Satsangs in Arya Samaj Bhavan.**

**Thank you for all your Donations!**

**Please contact Acharya Dr Umeh Yadav on  
0121 359 7727  
for more information on**

- **Member or non member wishing to be a Yajman in the Sunday congregation to celebrate an occasion or to remember a departed dear one.**
- **Have Havan, sankars, naming, munden, weddings and Ved Path etc performed at home.**
- **Our premises are licensed for the civil marriage ceremony.**
- **Please join in the Social group at Arya Samaj West Midlands every Wednesday from 11am. Emphasis is on keeping healthy and fit with yoga and Pranayam. Hot vegetarian Lunch is provided at 1pm.**
- **Ved Prachar by our learned Priest Dr Umesh Yadav on Radio XL 7 to 8 am, first Sunday of the month. Next 3rd July 2016 & 7th August 2016.**

**Every effort has been taken that information given is correct and complete. But if any mistake is spotted please inform the office.**

*0121 359 7727*

E-mail- [enquiries@arya-samaj.org](mailto:enquiries@arya-samaj.org)  
Website: [www.arya-samaj.org](http://www.arya-samaj.org)

# **IMPORTANT**

## **Notices to Arya Samaj West Midlands Members**

- **Reminder to our Life members from Dr. Narendra Kumar (Chairman). In July 2014 we requested our life members to donate £15 or £10 per year to help us with the cost of publishing, printing and posting our monthly bulletin "Aryan Voice". I am happy to say that vast majority of members have donated money to help us with this cost. It is a very polite request to our life member please continue with this donation. Those of you who have not donated any money till now please do so.**
- **Dear Ordinary members of ASWM. This is a polite request to pay your annual fee of £20 membership when you receive a reminder letter from Arya Samaj Office. This money helps us to send you Aryan Voice each month. The letter will come out to members on the month they joined. From January 2016 we will have to sadly cancel the membership of those who have not paid the fee.**
- **Dear members, we are updating our email database for the membership of Arya Samaj West Midlands. We do not have email addresses of a large number of our members. In this time and age it is important to have this information. So if you have an email address please inform our office by emailing your address to [enquiries@arya-samaj.org](mailto:enquiries@arya-samaj.org). Your cooperation will be highly appreciated.**
  - **Sadly we had to cancel the Vedic Vivah Mela on Saturday 18<sup>th</sup> June 2016. (Matrimonial Get Together). A new date will be set for 2016 – All information will be published in up coming Aryan Voice. We apologise to those members who sent in there forms.**

## **Experienced Head/Duputy Head Teacher wanted**

**We are urgently looking for a Head or a Deputy Head Teacher from a primary School rated "Good" or "Outstanding" to join our dedicated team of members working for proposed DAV Primary Free School.**

**A recently retired Head/Deputy Head teacher will also be acceptable.**

**We need this person to develop the educational plan for our School project.**

**Those of you who are interested please get in touch with us by telephoning Arya Samaj West Midlands no. 0121 3597727 or send an email at [enquiries@arya-samaj.org](mailto:enquiries@arya-samaj.org)**

**Dr. Narendra Kumar  
Chairman  
The Board of Trustees  
Arya Samaj (Vedic Mission) West Midlands**