



## What is Arya Samaj?

Arya Samaj founded by Maharishi Dayanand Saraswati is an institution based on the teachings of Vedas for the welfare of universe. It propagates the universal doctrines of humanity. It is neither a religion nor a sect.

# ARYAN VOICE

YEAR 38

8/2016-17

MONTHLY

August 2016

- **Ved Katha - Thursday 18th August till Thursday 25th August 2016.** (for detailed information see page 16 )
- **Independence Day of India - Sunday 21st August 2016.** (for detailed information see page 16 )
- **Gayatri Maha Yajna - on Sunday 18th September 2016** (for detailed information see page 16 )
- **SAVE THE DATE - Vedic Vivah Mela (Matrimonial get together) Saturday 12<sup>th</sup> November 2016. Book your place NOW.....!** (For detailed information see page 13&14)

ARYA SAMAJ (Vedic Mission) WEST MIDLANDS

(Charity Registration No. 1156785)

188 INKERMANS STREET (OFF ERSKINE STREET), NECHELLS, BIRMINGHAM, B7 4SA

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## CONTENTS

<b>10 Principles of Arya Samaj</b>	<b>3</b>
<b>May our Senses and Mind be Purified</b> <b>by Krishan Chopra</b>	<b>4</b>
<b>Sacrament (Sanskar 1)</b>	<b>6</b>
<b>अध्यात्म के शिखर पर</b> <b>आचार्य डॉ. उमेश यादव</b>	<b>8</b>
<b>१. हँस उड़ता अकेला रे</b>	<b>10</b>
<b>Food Collection</b>	<b>11</b>
<b>Matrimonial Advert</b>	<b>12</b>
<b>Vedic Vivah Mela (Matrimonial Get Together) 2016</b>	<b>13</b>
<b>List of Festivals for year 2016</b>	<b>15</b>
<b>Event Information</b>	<b>16</b>
<b>News (पारिवारिक समाचार)</b>	<b>17</b>
<b>Important</b>	<b>19</b>
<b>Experienced Head/Duputy Head Teacher wanted</b>	<b>20</b>

**For General and Matrimonial Enquiries  
Please Ring  
Miss Raji (Rajashree) Chauhan (Office Manager)  
Monday to Friday between: - 2.30pm to 6.30pm,  
Wednesday: - 11.00am to 1.00pm.  
Bank Holidays – Closed - Tel. 0121 359 7727  
E-mail- enquiries@arya-samaj.org**

## **10 Principles of Arya Samaj**

- 1. God is the primary source of all true knowledge and all that is known by its means.(At the beginning of creation, nearly 2 Billion years ago, God gave the knowledge of 4 Vedas to four learned Rishis named Agni, Vayu, Aditya and Angira. Four Vedas called Rigved, Yajurved, Samved and Atharva Ved contain all true knowledge, spiritual and scientific, known to the world.)**
- 2. God is existent, intelligent and blissful. He is formless, omnipotent, just, merciful, unborn, infinite, invariable (unchangeable), having no beginning, matchless (unparalleled), the support of all, the master of all, omnipresent, omniscient, ever young (imperishable), immortal, fearless, eternal, holy and creator of universe. To him alone worship is due.**
- 3. Vedas are the scripture of all true knowledge. It is paramount duty of all Aryan to read them, teach and recite them to others.**
- 4. All human beings should always be ready to accept the truth and give up untruth.**
- 5. All our actions should be according to the principles of Dharma i.e. after differentiating right from wrong.**
- 6. The primary aim of Arya Samaj is to do good to the human beings of whole world i.e. to its physical, spiritual and social welfare.**
- 7. All human beings ought to be treated with love, justice and according to their merits as dictated by Dharma.**
- 8. We should all promote knowledge (Vidya) and dispel ignorance (Avidya).**
- 9. One should not be content with one's own welfare alone but should look for one's welfare in the welfare of all others.**
- 10. In matters which affect the well being of all people an individual should subordinate any personal rights that are in conflict with the wishes of the majority. In matters that affect him/her alone he/she is free to exercise his/her human rights.**

## May our Senses and Mind be Purified

यच्चक्षुषा मनसा यच्च वाचोपरिमा जाग्रतो यत् स्वप्नतः ।  
सोमस्तानि स्वधया नः पुनातु ॥ अथर्ववेद ६.९६.३

Yaccaksusa manasa yacca vacoparima jagrato yat  
svapantah | somastani svadhaya nah punatu ||

Athrva Veda 6.96.3

### Meaning in Text Order

Yat = whatever

Caksusa = through eyes

Manasa = through mind

Ca = and

Vaaca = through speech

Uparima = commit sins

Jagratah = while awake

Svapantah = asleep

Som = the Lord of tranquillity

Tani = to those actions

Svadhaya = through sustenance

Nah = to us

Punatu = may purify.

## **Meaning**

Whatever sin we commit through seeing, hearing, thinking and speaking whether waking or sleeping, may the Lord of tranquility purify our actions through His power of sustenance.

## **Contemplation**

In this mantra the eyes are the symbol of the sense organs and speech is the symbol of organs of activity. When we are awake, we see all auspicious things and other things which are not auspicious.. We hear other actions through our ears. It is the same situation is with other sense organs such as the nose and skin. Other actions are also made using our hands and feet.

Our mind is the leader. It is very agile. The mind meditates on noble or ignoble thoughts. Sins committed by senses are visible but what the mind meditates on is invisible. In a state of sleep when the senses are switched off from the outside world, the mind is centralised. At this time, it is the mind which does the business of the senses. Therefore as in a waking state, the sleeping state also thinks of all types of merit and vices.

But the state of merit and vices without the discrimination of right and wrong is frightful. It is our keen desire, whether in waking or sleeping that God supports us. We express those thoughts through our speech which is supported by God. We beseech thee Lord; purify our actions and thoughts which we perform through the senses and the mind.

**by Krishan Chopra**

## **SACRAMENT** **(SANSKAR 1)**

The performance of Sacrament on a human being is a course of action which definitely leaves its impression on that individual. One day while walking a blacksmith finds a piece of iron lying on the road. He brings this rusty and dirty piece of iron to his house because he knows its value. He melts this iron piece and makes it in to the shape of knife, sickle and various gardening equipments. He sells these items in the market and earns decent amount of money and becomes rich and lives a decent comfortable life. Thus the blacksmith converted a piece of junk iron in to useful tools for society to use. Similarly the parents and teachers by performing various sacraments convert their children and pupils in to a well cultured, mannered and educated human beings. These children become important members of their families, societies and nation. These children also become a role model for their families, societies and nation. Similarly a child who is devoid of any sacrament, with out proper parental guidance and lack of education becomes a burglar, dacoit or a drug addict. This kind of child in future becomes a burden on his family, society and nation.

There is an interesting story. A villager got fed up with day to day problems in his family and his village and went in to a jungle to get some peace and rest. There he saw a parrot in a cage outside a hut. This parrot was talking all bad things e.g. this person is a thief, a dacoit and bad person and catch him etc. The villager ran away from this parrot. After walking some distance the same villager saw another parrot. The villager got scared. But this parrot started talking

**अहं मुनीनां वचनं शृणोमि, शृनोत्यसौ यवनस्य वाक्यम्। न चास्य दोषो न च मे  
गुणो वा, संसर्गजा दोष-गुणा भवन्तु ॥**

“Please come, welcome, take rest etc.” The villager was very happy to hear these words. Then he saw a learned person sitting and meditating in the

house. The villager asked the learned man about two parrots talking totally opposite things. Before the learned man could reply the parrot said “ I listen to the talks of wise people while the other parrot listens to the talks of thieves and dacoits. So it is not the fault of other parrot and I do not deserve any credit.” A person is known by the kind of company or people he/ she keeps. Company of good and learned people makes one good and a learned person. Similarly the company of bad and illiterate people makes one a bad and wrong person. The performance of sacraments offer a person an opportunity to live in a good atmosphere, be organised, educated and prosperous and master of good character. All these virtues project a very good impression on their children.

In his book “Sanakar Vidhi” Maharishi Dayanand Saraswati wrote “ By the process of sacraments the body and soul of a human being fulfils the four important elements and teachings of Vedas- Dharma ( Righteousness), Arth (To earn money by honest means), Kam (Deed) and Moksha (Salvation).

The children of these parents are very able and competent. This is why it is very important for human beings to perform 16 sacraments.

These sacraments are like a medicine and help in development of intellect, mind, character and social attributes of children and keep them away from illnesses and bad precedence in the society.

If as parents we do not perform these sacraments then our children developments may be affected and they start thinking in negative way. These children may be afflicted by inferiority complex and may follow wrong things in their lives.

This is why we must perform these sacraments to give a positive effect to the development, personality and character of our children.

**Written by Acharya ji Dr Umesh Yadav in Hindi and**  
**Translated by Dr Narendra Kumar in English**

## अध्यात्म के शिखर पर

आचार्य डॉ. उमेश यादव

ईश्वर एक है, अनेक नहीं। महर्षि दयानन्द सरस्वती ने सत्यार्थ प्रकाश के सातवें समुल्लास में प्रश्नोत्तर की शैली में वेदादि सद्ग्रन्थों के प्रमाण व उचित तर्कों द्वारा इसका समुचित समाधान किया। महर्षि ने दावा किया कि वेदों में कहीं भी अनेक ईश्वर का उल्लेख नहीं किया गया है। हाँ, देवता अनेक हैं पर ईश्वर तो एक ही है। अनेक देवता को जानकर हमें ईश्वर की अनेकता का भ्रम नहीं करना चाहिये। दिव्य गुणों से युक्त होने के कारण देवता कहलाता है। शतपथ ब्राह्मण में तैंतीस प्रकार के देवता की व्याख्या की गयी है। आठ वसु, ग्यारह रुद्र, बारह आदित्य, इन्द्र(विद्युत्) और प्रजापति(यज्ञ); ये  $8+11+12+2=33$  देवता मान्य हैं। अज्ञानतावश, यत्र-तत्र लोग तैंतीस सौ/हजार/करोड़ इत्यादि देवता कहते फिरते हैं जिनकी वैदिक मान्यता नहीं है; वेद, उपनिषद्वा अन्य आर्ष ग्रन्थानुसार सिद्ध नहीं है अतः तैंतीस करोड़ नहीं अपितु शतपथ ब्राह्मण में व्याख्यात "त्रयस्त्रिंशत्"-इति 33 प्रकार के ही देवता हैं जिसकी महर्षि दयानन्द ने भी पुष्टि की। हम उन्हें इस प्रकार जानें।

८ वसु-पृथिवि, जल, वायु, अग्नि, आकाश ये पंच तत्त्व + चन्द्रमा, सूर्य और नक्षत्र ये 3=८

११ रुद्र-प्राण, अपान, व्यान, समान, उदान, नाग, कूर्म, कृकल, देवदत्त और धनञ्जय-ये दस प्राण + जीवात्मा = कुल मिलाकर ११ रुद्र हैं।

१२ आदित्य- संवत्सर (वर्ष) के १२ महिने-चैत्र, वैशाख, जेष्ठ, आशाढ़, सावन, भाद्र, आश्विन, कार्तिक, अगहन, पौष, माघ और फाल्गुन।

१ इन्द्र-विजली

१ प्रजापति-यज्ञ ( यज्ञ से वायु, वृष्टि जल, औषधि की शुद्धि तथा विद्वानों का सत्कार व नाना प्रकार की शिल्प विद्याओं का विकास होने से प्रजाओं का पालन होता है अतः यज्ञ ही प्रजापति है -महर्षि दयानन्द)

यहाँ वसने वा वसाने में जो तत्त्व/स्थान सहायक हो; वह वसु, शरीर से निकलते हुये प्राण या जीवात्मा अन्य सगे सम्बन्धियों को रुलाते हैं, इस कारण दस प्राण और ११वाँ जीवात्मा ये सब रुद्र कहलाते हैं । वर्ष मास सबकी आयु हरते रहते हैं, अतः उपर्युक्त १२ महिने आदित्य कहलाते हैं । विजली जो इन्द्र है क्योंकि विद्युत्भी सुखैश्वर्यों का साधन है और प्रजापति यज्ञ का प्रतीक है जो प्रजा पालन में सहायक है । इस तरह ये ३३ प्रकार के देवता माने जाते हैं । परमात्मा इन सबका विधायक होने से वह ३४ वाँ देव है जो सब देवों का देव है और सब के लिये उपास्य है । वह एक ही है जो सर्वत्र विद्यमान है, विश्व की रचना करता है, इतना ही नहीं, विश्व की स्थिति व प्रलय का भी कारण वही है । हम कह सकते हैं कि वही सृष्टि बनाता है, वही चलाता है और वही संहार भी करता है । मूलतः परमात्मा ही सृष्टि की उत्पत्ति, स्थिति व प्रलय का कारण है । समस्त प्राणियों का अधिष्ठाता भी वही है । विशेष कर सब मनुष्यों के पाप-पुण्यों का कर्म-फल दाता है और अन्य सब प्राणियों को सृष्टि में जोड़कर रखना, चलाना इत्यादि भी उसी परमेश्वर का कार्य है । हमें निश्चित ही उसी परमेश्वर की उपासना करनी चाहिये ।

## १. हँस उड़ता अकेला रे

बोलो ओ३म्, बोलो ओ३म्, बोलो ओ३म्, बोलो ओ३म् ॥

हँस उड़ता अकेला रे, सब कुछ यहीं छोड़ जाता,  
क्यों सोच करे ओ वन्दे, यह है, जन्म-जन्म का नाता ॥ बोलो  
ओ३म्--४ वार

जीवन कर्म क्षेत्र है भाई, कर ले इसमें नेक कमाई,  
धन-दौलत न साथ निभावे, छूट जाता रिस्ता-नाता ॥ बोलो  
ओ३म्--४

जीवन सागर, दूर किनारा, टूटी नैया, अबोध खिवैया,  
कर्म-ज्ञान की ज्योति जगा ले, क्यों जग में भरमाता ॥ बोलो  
ओ३म् --४

जो नर माने प्रभु को अपना, मधुर ओ३म् नाम को जपना,  
उमेश करो गर उसका भरोसा, तो अमृत बन जाता ॥ बोलो  
ओ३म्---४

# **FOOD COLLECTION**

**Please give generously so that during Diwali we can Help Needy People/Charities.**

## **Non-perishable foods**

- Canned proteins such as peanut butter, peanuts etc.
- Grains (pasta, whole wheat pasta, rice, brown rice, macaroni and cheese)
- Condiments (salt; sugar (brown))
- Low sodium/ No salt added canned vegetables (mixed, green beans, corn)
- Beans: black, pink, kidney, etc.
- Soups (E.g. Tomato)
- Multigrain cereal (Cheerios, Corn Flakes etc.)

**"There are people in the world so hungry that God cannot appear to them except in the form of bread."  
- Mahatma Gandhi**

## **Donate Now:**

**Arya Samaj (Vedic Mission)  
West Midlands  
188 Inkerman Street, Nechells  
Birmingham, B7 4SA**

**Food to be donated  
by Saturday 30<sup>st</sup>  
October 2016.**

# **VEDIC VIVAH (MATRIMONIAL) SERVICE**

The vedic vivah (matrimonial) service has been running for over 30 years at Arya Samaj (West Midland) with professional members from all over the UK.

**Join today.....**

Application form and information can be found on the website  
[www.arya-samaj.org](http://www.arya-samaj.org)

Or

Call us on  
0121 359 7727

Monday to Friday between: - 2pm to 6pm,  
Except Wednesday: - 10.30am to 1.00pm  
Bank Holidays - Closed

# **VEDIC VIVAH MELA (Matrimonial Get Together)** **2015**

**Date:** Saturday 12th November 2016

**Venue:** Arya Samaj West Midlands, Erskine Street, Nechells,  
Birmingham B7 4SA (Road Map available on our Website)  
[www.arya-samaj.org](http://www.arya-samaj.org)

**Time:** 11.30am – 5pm

**Cost:** £25.00 per applicant. **NO GUESTS**

**Buffet:** Vegetarian meal included with soft drinks (no alcohol will be allowed or served)

## **How will it work?**

We will have registration, welcome drink, light snacks and mingling.

**Speed dating** - Members will meet each other for a period of 3 to 4 minutes, during which you will be able to chat and find out about each other. (If you like the person, make a note of their ref number on the packs given on the day and we will send you there information by email). When the time is up, a bell will sound; you will change partner and repeat the process.

Once the speed dating is over, late lunch will be served and everyone is free to mingle some more before the end of the event.

We will explain the above and other details of the event on the day.

## **What you need to do now?**

This Get-together is strictly for Arya samaj west Midlands registered matrimonial service candidates only. So if you are not registered as yet and wish to benefit from this event where you can meet personally a number of prospective partners hurry up and join. **Forms are available on our website [www.arya-samaj.org](http://www.arya-samaj.org). Or tel. 0121 359 7727**

Please send your application forms well before the day of the event because it is first come first served basis. **(Application forms will be sent out next month. They can also be found on the website or by calling the office)**. For the smooth running of the event, all the information must be processed and the paper work completed for the participants on their arrival. Applications received after 1st November 2016, would not be entertained. But please do not wait till the last date. It might be too late.

**Sorry at this event we are not allowing guest. If you bring someone with you on the day they will be refused entry.**

Please send application forms and cheques made payable to 'Arya Samaj West Midlands. **(Applicants £25)** with a self addressed stamped envelope to Arya Samaj West Midlands, Erskine Street, Nechells, Birmingham B7 4SA .You will be sent confirmation by post and email. You will have to bring this with you on the day or no entry will be allowed. Regrettably no entry will be available on the day, so please register in advance.. **If you come on the day without an entry confirmation it would be a wasted journey.**

So what are you waiting for? Look no further and think no further! Send in your application forms and cheque today!

**We look forward to welcoming you to the event where you have the prospect of meeting that special SOMEONE!!**

## List of Festivals for year 2016

<b>Festival</b>	<b>Actual Date of Festival</b>	<b>Date for celebration in Arya Samaj</b>
<b>Republic Day of India</b>	<b>Tuesday 26th January</b>	<b>Sunday 31st January.</b>
<b>Rishi Bodh Utsav</b>	<b>Monday 7th March</b>	<b>Sunday 6th March</b>
<b>Holi</b>	<b>Thursday 24th March</b>	<b>Sunday 27th March.</b>
<b>Arya Samaj Foundation Day</b>	<b>Sunday 10th April</b>	<b>Sunday 10th April</b>
<b>Ram Navmi</b>	<b>Friday 15th April</b>	<b>Sunday 17th April.</b>
<b>Annual General Meeting</b>	<b>N/A</b>	<b>Sunday 31st July</b>
<b>Ved Katha (8 days)</b>	<b>N/A</b>	<b>From Thursday 18th August till Thursday 25th August</b>
<b>Raksha Bandhan</b>	<b>Thursday 18th August</b>	<b>Sunday 21st August</b>
<b>Independence Day of India</b>	<b>Monday 15th August</b>	<b>Sunday 21st August.</b>
<b>Shri Krishna Janmasthanmi</b>	<b>Thursday 25th August</b>	<b>Thursday 25th August</b>
<b>Special Satsang for University Students</b>	<b>N/A</b>	<b>Sunday 4th September</b>
<b>Gayatri Maha Yajna</b>	<b>N/A</b>	<b>Sunday 18th September</b>
<b>Dasahahara</b>	<b>Tuesday 11th October</b>	<b>Sunday 16th October</b>
<b>Diwali</b>	<b>Sunday 30th October</b>	<b>Saturday 29th October</b>

# **Event Information**

## **1. Ved Katha**

**Thursday 18<sup>th</sup> August to Thursday 25<sup>th</sup> August 2016.**

**Every evening in our Bhavan at 7.00pm to 9.00pm. At end of programme, every evening, there will be light refreshment together.**

## **2. Independence Day of India Celebrations**

**Sunday 21<sup>st</sup> August 2016 in our Bhavan**

**11am Havan, 12pm to 1.30pm Celebrations and there after Rishi Langer.**

## **3. Krishna Janmasthanmi**

**Thursday 25<sup>th</sup> August 2016 in our Bhavan**

**To be celebrated on the last day of Ved Katha**

## **4. Gayatri Maha Yajna**

**Sunday 18th September 2016 in our Bhavan**

**Starts 11am and finish about 1.30pm followed by Rishi Langar.**

**We invite people to get in touch with our Acharya ji in order to book a place for being Yajman on that day.**

## **5. Vedic Vivah Mela**

**(Matrimonial get together)**

**Saturday 12<sup>th</sup> November 2016 in our Bhavan**

**Book your place NOW....!**

**(For detailed information see page 21&22 or Call the office if you have any questions 0121 359 7727)**

## News

### Congratulations:

- **Mr Nishant Saini & Mrs Anjali Saini - for their son Atharva birthday celebration. Also for been blessed with 2nd child a girl. (Yajman on Sunday 3rd July 2016 in Arya Samaj WM )**
- **Mr & Mrs J.S Tank – for the wedding ceremony of their daughter Rajinder Kaur Tank with Tonny.**
- **Mr Rajive & Mrs Puja Bali - for grand son’s naming ceremony. He was named Viraj Bali who is the son of Mr Vikas & Mrs Isha Bali. (Yajman on Sunday 17th July 2016 in Arya Samaj WM.)**

### Donations to Arya Samaj West Midlands

- **Mr Nishant Saini - with Rishi-Langar** £163.50
- **Mr Prem Nanda** £20
- **Mrs Krishna Sethi** £11
- **Mr Om Prakash Datta** £31
- **Mr Vikas Bali - with Rishi-Langar** £91

### Donations to Arya Samaj West Midland through the Priest-Services.

- **Mr Ajay Bhatia - in sweet memory of his beloved mother Late Mrs Sunita Bhatia.** £100
- **Mr J.S. Tank** £400

**Many congratulations to all above mentioned families who have had auspicious havan at their residences on different occasions or Sunday Vedic Satsangs in Arya Samaj Bhavan.**

**Thank you for all your Donations!**

**Please contact Acharya Dr Umeh Yadav on  
0121 359 7727  
for more information on**

- **Member or non member wishing to be a Yajman in the Sunday congregation to celebrate an occasion or to remember a departed dear one.**
- **Have Havan, sankars, naming, munden, weddings and Ved Path etc performed at home.**
- **Our premises are licensed for the civil marriage ceremony.**
- **Please join in the Social group at Arya Samaj West Midlands every Wednesday from 11am. Emphasis is on keeping healthy and fit with yoga and Pranayam. Hot vegetarian Lunch is provided at 1pm.**
- **Ved Prachar by our learned Priest Dr Umesh Yadav on Radio XL 7 to 8 am, first Sunday of the month. Next 7th August 2016 & 4th September 2016.**

**Every effort has been taken that information given is correct and complete. But if any mistake is spotted please inform the office.**

*0121 359 7727*

**E-mail- [enquiries@arya-samaj.org](mailto:enquiries@arya-samaj.org)**

**Website: [www.arya-samaj.org](http://www.arya-samaj.org)**

## **IMPORTANT**

### **Notices to Arya Samaj West Midlands Members**

- **Reminder to our Life members from Dr. Narendra Kumar (Chairman). In July 2014 we requested our life members to donate £15 or £10 per year to help us with the cost of publishing, printing and posting our monthly bulletin “Aryan Voice”. I am happy to say that vast majority of members have donated money to help us with this cost. It is a very polite request to our life member please continue with this donation. Those of you who have not donated any money till now please do so.**
- **Dear Ordinary members of ASWM. This is a polite request to pay your annual fee of £20 membership when you receive a reminder letter from Arya Samaj Office. This money helps us to send you Aryan Voice each month. The letter will come out to members on the month they joined. From January 2016 we will have to sadly cancel the membership of those who have not paid the fee.**
- **Dear members, we are updating our email database for the membership of Arya Samaj West Midlands. We do not have email addresses of a large number of our members. In this time and age it is important to have this information. So if you have an email address please inform our office by emailing your address to [enquiries@arya-samaj.org](mailto:enquiries@arya-samaj.org). Your cooperation will be highly appreciated.**

# **Experienced Head/Duputy Head Teacher wanted**

**We are urgently looking for a Head or a Deputy Head Teacher from a primary School rated "Good" or "Outstanding" to join our dedicated team of members working for proposed DAV Primary Free School.**

**A recently retired Head/Deputy Head teacher will also be acceptable.**

**We need this person to develop the educational plan for our School project.**

**Those of you who are interested please get in touch with us by telephoning Arya Samaj West Midlands no. 0121 3597727 or send an email at [enquiries@arya-samaj.org](mailto:enquiries@arya-samaj.org)**

**Dr. Narendra Kumar  
Chairman  
The Board of Trustees  
Arya Samaj (Vedic Mission) West Midlands**